

Certain choice Receipts contained in
this Book.

THe true preparation of the Oyl of *Am-
br* by three several ways.

The Oyl and Balsom of the *Pine-tree*, com-
monly called *Tar*.

An unvaluable purge universal of *Antimony*
and *Scamony*, of *Cream* or *Chrystall* of *Tar-
tar*, with their Correction, Preparation,
Dose and Use.

The true preparation of *Crescu Martis*.

The preparation of *Suger* of *Saturn*.

The true preparation of the Essence of *Ve-
nus*, or *Euphoras*.

The true preparation of the Salt of *Mars*.

The true preparation of the *Sympathetical
Powder*, lately treated of by Sir *Kensloe
Digby*.

An Antidote against all Diseases, Surfeits,
and Infections.

To make and prepare the drink now in use,
called *Coffee*.

To make a choice Cordial Sिरup of *Black-
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Unlearned Alchymist

H 1 3

ANTIDOTE:

A more full and perfect Explanation of
the Use, Virtue and Benefit of any PILL,

Entirely

An effectual { *Diaphanous* } *Simple* { *Compound* }
 { *Diurnal* } { *Continual* }

Where may be found,

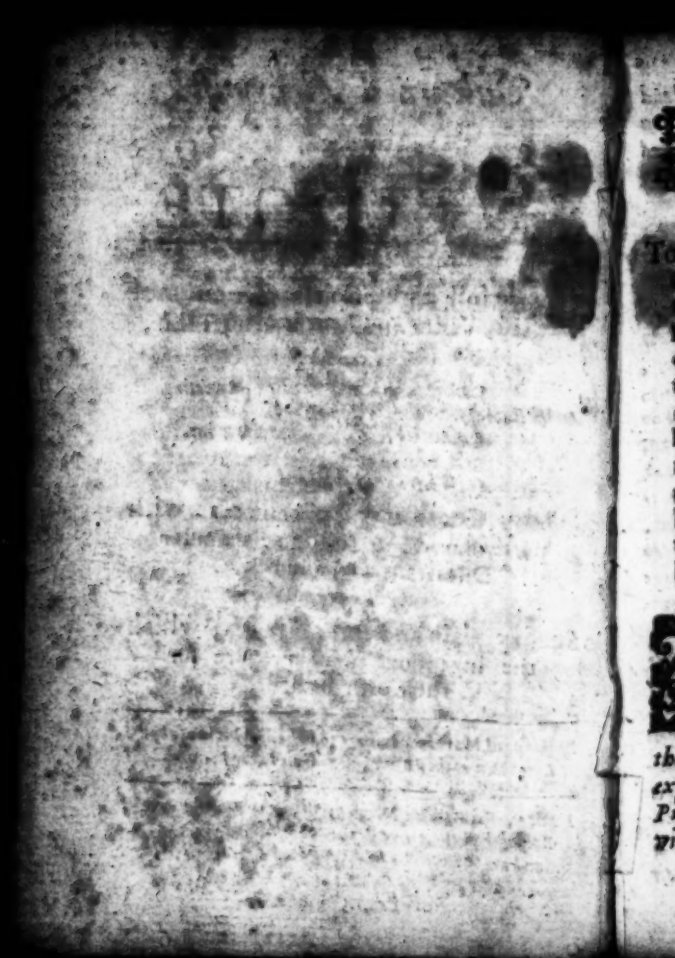
Sundry Cures and Experiences, with
particular direction upon particular
Diseases and Distempers.

A L S O

Sundry plain and easy Receipts, which
the ingenious may prepare for
their own Health.

By Richard Mathew, and are to be had of his House by the
Apes Den at the Tower, next Gate to the River.

London, Printed for the Author, at the Sign of the
Three Golden Lions, near the North-End-Port, and
are also to be sold together with the
Author's other Works at the well-known
of St. Dunstons, 144. n.



To all that are sick, under Pains, Aches,
 Gripings, diverse Diseases, Sufferings,
 Obstructions, Consumptions, of what
 kind soever, and whosoever; but more
 especially unto all such of them that fear
 the Lord in truth and uprightness, and
 of these especially such as are poor, and
 have no Money, *Rich. Mathew*, your brother
 and companion in the Kingdom
 and patience of Jesus Christ, humbly
 Dedicates this his little Book, together
 with his Work and Labor, with what is
 his devoted to your service.

I T is meet of good right that this
 my Book should be Dedicated un-
 to you, who daily find the power
 and virtue of my Pill whereof I
 have spoken; let all the world set
 themselves against it as they please, I know your
 experience will vindicate it; and verily if my
 Pill have not deserved it from your hands, I
 will speak not a word for it; but what ever in

The Epistle, &c.

this Book hath pass me, let it for ever stand
for nothing; and I do attest not onely to you
all, but all the world, that if I be deceived
concerning the true worth and power of my
Pills, verily it is to you that hath deceived me,
my conscience bearing me witness I have not
added unto these Reports which you have brought
me, but have with much sobriety left out
much, which would have beighned the power and
worth of my Pill; but I am assured from my
own knowledge and daily sight and hearing,
that things of like nature are done by it daily,
blessed be God; and therefore I know there is no
deceit in the matter. Receive then I pray you,
this little Book into your protection, and speak
as you have found, and speak that which is
true, I desire no more, I know that is sufficient,
for the Truth is strong, and no force can keep
him in bonds; whom Truth acquits: It were
better that I were not, then it were not my por-
tion.

It is neither Power, nor Greatness, nor Hu-
mane Art, nor Learning, that I flye unto for
Patronage, onely the clear and unbiassed wit-
ness of Truth, which can be in no other mouth
then such of you, the Authors of all those se-
veral Reports, Cures and Wonders I have set
down in this Book, most of which my own eyes
were Spectators, and consequently Witnesses of
their

The Epistle, &c.

their verity and truth; neither am I now furnished of as many more which here is not set down: But these have spent much Paper for me to write, and much of your patience to read; and he that will not believe at the sound of this Trumpet, but shuts his ears, resolved not to hear, this man will not hear if I had set down five times as many.

But unto the second sort unto whom I tender this Dedication, viz. The Faithful that are yet on earth, but their treasure in heaven, and their hearts where their treasure is; that at the present, if need be, are in heaviness through manifold temptations, sicknesses, pains, aches, and weaknesses of body, I do in a more especial manner dedicate my Book, self, work, and labour of love unto you, who is your Brother and Companion, and with you hath borne the chastening of the Lord; I know your happiness, and feel it, and am made and enfranchized a Citizen and fellow servant with you, and have laboured through Christ, and have not fainted; and now knowing your happiness, do rank my self with you, as being made partaker of like precious faith, and indeed desire above all other, to be made manifest and known to

The Epistle, &c.

to you: I know (although I am a stranger
unto you, as to this body and this world, yet) I
have spiritual feeling and feasting with you,
in and from that abundance of endless joys
freely bestowed in the blood of Christ; And
truly our fellowship is with the Father, and
with that Son of his Love, whose Blood
cleanseth us from all our iniquities: And
blessed be God; who hath helped me
through all kind of Snares and Tempta-
tions, to the end I might by Experience
know his Salvation, his Power and Good-
nesse: And this is my triumphing Joy,
That my Father is pleased to let me live
to comfort and help many; and thanks be
given to him, there is but few days pass
me without the happy tidings of saving
the life of one poor creature or other; I
speak as a man, and in this judge by mans
reason. And now my beloved Brethren,
as I have freely received, so I freely
give; You (above all other) I thirst to
serve both in body and spirit. My Ma-
ster hath returned upon my head the fruit
of my Labour, which indeed hath been
much and long: And wherefore have I
been alwayes beaten down by sickness and
weaknesse of body, but that I might be
impro-

improved (as I have been improved) for your service and advantages, of which indeed you may make a bold Challenge, and require the same as your just Right and Propriety.

But unto the third sort now I speak, viz. you which fear the Lord in truth of heart, and are under his Fatherly chastening of pains, sicknesses, and bodily pressures, and are poor, as to the things of this world; and wherefore is it, but that in being here, you might not be to your selves as men, or to this world, as this world: You are not poor, but you are rich, Riches that fadeth not away, made rich through him that became poor, that he might make many rich: My Brethren, be without carefulness or fear, because 'tis your Fathers pleasure to give you a Kingdom, a Kingdom that remains to Eternity, eternally in the Heavens: You will possess it at that his appearing, when you shall appear with him in Heaven, glory that cannot be shaken: And if your earthly tabernacle perish daily, is it not the Minister of joy, forasmuch as it tends to no other end, but to haste you to rest: Now is the time of your labour

The Epistle, &c.

Labour in fruit-bearing, herein is your Father glorified (that in, and against the strongest wrestlings of this world, and of your own corruptions, and Satanical tentations and delusions) that you bring forth much fruit, to the end his fruit may remain in you, and his power rest upon you: You know in all your griefs and ails he is Joy, Peace, Rest: Get then to rest, cease from man, for wherein is he to be trusted, your self and all selfness, your own works, as God did from his: Enter the blessed Rest, holy Sabbath, through Christ's Attonement, through whom, and in whom we are compleat and perfect: For shame be silent, the Lord comes into his holy Temple, your bodies are the Temple of the living God, his house and habitation you are, he daigns to sup and dine with you, and is with you, and in you; stand fast then in that liberty wherewith he hath made you free, take heed of hearkening to flesh and blood; be not entangled with the yoke of bondage to fear again; If you touch your burden with your arm, you must needs faint; but if you throw it on him, he will sustain you: He bore our sicknesses, the chastisement of our peace was upon him, and

The Epistle, &c.

and by his stripes we are healed: Be like him who opened not his mouth, although the Lord laid on him the iniquity of us all: Sicknesse and poverty are not the greatest of Evils, nay they in their depth (with Divine Love and Presence) are joyous and glorious: I never found greater joy, and peace, and consolation, then when I was in the greatest pain and bitterness, when as to this world there was little hope of life, then was there life in beauty and strength. You of all other are most blessed and happy, because the eternal Crown and weight of glory and righteousness is prepared for you.

What shall I say unto you, my dearly beloved brethren, with whom life and glory dwelleth? O! my heart is pained for you, yea my soul and spirit within me is set on fire with love, care, desire, endeavour how I might be most manifested unto you, to bear all your distresses, if it were possible for me: But alas! it is a small thing I am able to do; but I will tell you, Jesus Christ will make his Crosse and Take easie and light unto you; Go to him, he is the Fountain, all fulness is in him, and he freely distributes without upbraiding;

The Epistle, &c.

braiding, you, he is perfectly able to save
all that come to God by him: And as for
me, his poor servant, I beseech you pray
that I may be found faithful in my Stew-
ardship, improving his manifold Gifts
unto his ends; and therefore in his Name
and Fear, and in discharge of my duty
unto him, and out of faithful and true
sympathy and fellow-feeling with you: I
do therefore in his Name and Fear invite
all that are poor, having no money; and
fears the Lord in truth of heart, and are
sick, and in pains and Aches of body, that
they would come and receive at my hand
this Pill, or what else the Lord hath
given me for their health, freely for Christs
sake, without money or reward: Prove, I
pray you, and assay, whether I be the man
or no, that I have would be taken to be:
Yea, come once and again, as your dis-
tresse requires; onely as I am a man, hide
not your self and condition from me, and
I hope still in him in whom I have alwayes
lived, I shall not be left without either a
heart, or wherewith to refresh them, that
in the Name and Fear of God come unto
me, entreating you to joyne with it your
Faith and Prayer for a Blessing, looking

on it
help
good
man
for

on it as a means of God ordained for your
help and comfort, then do I not fear a
good and blessed successe in the use of the
means which the Lord hath put in my hands
for your ease, healing and benefit.

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an effectuall { Diaphoretick, } purgeth by { Sweating,
 { Diuretick, } { Urine.

Et the Patient take this Pill when he goes to bed; if a man of middle strength, then about ten or twelve grains, or about the bigness of a grey pease, but be sure at first to take little enough; for being a true Cordial, there is no danger of a little quantity; and after encrease as you find your strength to bear it, and as you have need of it, with judgement and discretion: Drink a little Sack, White-wine, Ale or Beer after it; keep Bed till you find your head well settled, which will be about twelve or fourteen hours; it will be in some more, and in some less; be your own Judge, otherwise you will be sick and vomit, which you may prevent if you keep your head to your pillow: If you must drink, let it be good, little and oft; it may be it will astringe for three or four days; but you shall find a breaking of wind, no heat or swelling, but a good digesture of meat, no fumes; lastly, all goes in a loose sharp stool. Unto children of two years old, give the quantiti; of a Barley Corn, and so upward according to their strength. Note,

B

that

that when this Pill is dry, it must be moist
with Oyle of Turpentine, or Oyle of Am
and the older it is so kept, the better it is.
also, that no Vessel will keep it well, but a
covered with a double Bladder.

1  His Pill is a Corrector of all Ve
tative poysons.

This that I have written
true, although some there
which takes it in soul sco
that I should profess that power, as to co
rect Opium, and they themselves cannot
but let such contentious Doctors know, th
the Gentleman is yet in very good hea
that drank 200. grains of Opium at o
draught, which was of my correcting.

3 So that if it be taken after any potion vom
itive or laxative, it will not work at all; or wh
any potion works over-violently, it forthwith st
it by reason of its corrective power.

This also, as far as my experience has
taught me, is true; and if any list, let the
make further proof.

4 In like manner it corrects all poysons in man
body from head to feet.

By constant experience we find its work
ing so various and strange, that we can be
lieve

lieve no less; for although to all appearance
 people that are a-like troubled, yet will it
 vomit some, purge others, and make others
 sweat out of measure, and others purge
 strangely by Urine, and others as strangely
 send forth Rheumes & Flegm at the mouth;
 and some others it may be, none of all
 these, but will break out all over; and sun-
 dry other ways as Nature hath provided,
 to great wonder, which people when they
 are well, tell us how strangely it wrought
 with them. Unto God onely be given all
 the praise for his mercies; it sufficeth that
 people find relief in their distress: So that
 indeed we do clearly see it doth ransack
 whole Nature, of what temper, complexi-
 on, or constitution soever; and finding out
 what it is that is noxious unto it, finds out
 one way or other, as Nature is most prompt
 to administer relief; and according unto our
 experience it is ever constant unto a con-
 stant mind; and most certain it is, that ma-
 ny foolishly out of a fond conceit, because
 this Pill hath operated contrary unto what
 they before-hand have supposed, have left
 its use to their great hurt and damage; and
 at this day (out of some such phantastical
 humour neglecting it) languish in their
 pains and griefs, these lending their credu-
 lous ears unto the envious, which neither

know nor understand the thing they speake
evil of; but thou, which wilt believe thy
experience, will find, that if thy grief lye
7 in thy head, any part of it, thou shalt be
sure to find it awakened; I may oft time
when men doth not think that their grie
lieth there, by reason (it may be) that thy
illness proceeds of some old Cold, or Sun
feit, or Bruise, so as thou hast forgotten
this Pill wil begin at the root of thy grief
and if of wind, it strangely followeth it up
and down the body of man, till it be turn
8 ed out: Or if it be some inward breach o
foreness, or Imposthumes, it (by reason o
its power from fix Salts) doth break, and
(by reason of its Balsamical virtue, doth
heal above belief; so that people inform
of great pains and grief they have had for
some years, till by this Pill (sometimes) I
stinking matter, and (sometimes) stinking
blood hath been sent forth, which hath
been infinitely beyond my skill to help,
but God hath blessed the use of this Pill to
save the lives of many so grieved, blessed be
his Name. And if the defect be amongst
the Uricures, Kidneys, Reins or Bladder, so
then the effects by Urine is as admirable,
much beyond our reason; for it sometimes
sends out stuff of divers colours, and some
times but of one colour, like snor, and like

lyond

jags

bags of cloath, jags of paper, and of others
 the colours mixed together; and sometimes
 lying swimming on the surface; and sometimes
 lying in the bottom; and so also hath
 me brought out many stones, many of which
 we have to shew, which people that voided
 them upon the taking of the Pills, have
 brought us; also Gravel in abundance, red
 and other colours, which it doth by its po-
 wer from fixed Salts; and the true prepa-
 ration of the Spirit of Turpentine, and I do at-
 test to all men, that I am six months in pre-
 paring the Spirit of Turpentine for this
 Pill: And let all men know assuredly, it is
 and not, nor cannot be ripe for this Pill under
 and therefore thus duely prepared, I do be-
 lieve a higher Balsom is not in the world,
 for both inwardly and outwardly: God grant
 I may use it to his glory, and peoples good;
 for we find it so potent in cleansing all
 Windiness, Sliminess, Stone, or Gravel, and
 in case of Flux of blood, running of Reins,
 and the like, or Flux of scouring, I think
 the like is not to be found, for by reason of
 the mixture of forcible Vegetatives, it doth
 so sweetly stop all bleeding beyond belief,
 although it be either by Fundament, or by
 Urine, or by Mouth, as in Consumptions,
 or at Nose, it forthwith stops it as soon as it
 is warm in their Belies: If it be given of
 the

the Joynts, Ach of Bones, pains of the
 feet, as the Gout in the Feet, or the running
 Gout, or that which is called the Kings-evil,
 by that time a Pil can be warm in their bel-
 ly, the Patient will be sensible of ease; and
 to the praise of God I speak it, many of
 every Sex and Age that have not been able
 to feed or help themselves, or stir a limb in
 their beds, with the use of this Pill are now
 in health, and set at liberty: There would
 be no end of speaking, and yet but what is
 true, the wonderful wonders that God hath
 done by this Pill both inwardly and out-
 12 wardly; and if those take it who have Con-
 sumptions with sore coughing; also those
 that wheeke with shortness of breath, with
 coughing; I say, there are many of these a-
 live, thanks be given to God, who comfort-
 ably enjoy themselves, which to the ap-
 pearance of man would never be held out,
 and many of these perfectly cured, and so
 remain, which indeed is more then in rea-
 son we might have expected; for according
 to the opinion of the ablest in Physick,
 these distempers proceed from a debility in
 Nature, and therefore not curable, but God
 hath shewed his power and goodness to
 many, that there doth not appear the least
 sign of a distemper; so that in a reasonable
 time both Cough and Rhume is quite gone,
 and

and breath at wil, I am loath to recite particulars, and yet give no more but the very truth, because I know many will hardly believe it, (and yet I am constrained here to give some instances) for I speak not this without witness, thanks be to God, many hundreds about *London* wil give testimony of the truth written, with thanksgiving unto Almighty God, who hath strengthened and opened their breasts when they were almost brought unto the gates of death, God blessing this Pill to them for their reviving, thanks be given unto God for all his unspeakable gifts.

I had a Maid-servant that from a Child ¹³ had a sore Cough in such extremity, that I feared oft she would never get breath again, it had such violence upon her, and she said it would never be cured, it was natural unto her, and that her Mother dyed thereof: I caused her to take of these Pills as wel for my own quietness as her cure, she did so disturb me in the night-season: I gave her but little ones, and gave them time, she never lay hour for them, but rose every morning all Winter, and did perform her duty in the house without interruption, and I think it was half a year (or near) before it was quite gone, and in that time it took it so perfectly away, as to my know-
B 4
ledge

- ledge I heard her not cough in half a year
more; nay, not while she was in my house.
- 14 A man so afflicted with shortness of breath
and coughing, as did exceed most that I
have heard of: and he sends to me for Pills,
which he took, and with his own mouth
tellers us, that for seven years he was so
grievously afflicted therewith, that he could
not all the Winter-season lie down in his
bed; and if he had assayed to do it, then he
should strangle, and of a sudden start up,
and stretch up his arms above his head to
get passage for his breath again, which with
difficulty he recovered: Said he unto us,
- 15 The first Pill that ever I took of yours, I
laid me down and slept sweetly all the
night; at which I and my Wife greatly ad-
miring, praised God, as also we did with
him; and that it seemed more strange, he
said he coughed not nor, was he sensible of
any straitness of breath all the night; & this
man remains so well, that to my knowledge
he doth not spend so much as one quarter
of an ounce in a quarter of a year. It grieves
my heart as I go up and down the streets,
to hear the people cough and wheeze, hold-
ing their sides with short breathing, when
God hath put in my hand so great a bless-
ing for mankind, and yet wil not make use
of it, many that have knowledge of it, and

if I should go about to perswade them to it, ye will imagine I doe it for my own advantage: There are some that have much to answer for dissuading well-minded people against it to their hurt; I pray God forgive them; it is evident that they themselves can do nothing in this case, but are just like the dog in the Manger, that will eat no hay himself, nor suffer the horse to eat it; notwithstanding a volume might be written of its power and efficacy, which is true and real touching its present help in the cases aforesaid.

Likewise for all kind of Scourings and Fluxes whatsoever; and therefore it is truly said, that it is a Corrector of all poisons within man's body, from his head unto his feet.

And helpeth the patient to cure, except it be over long decolled, that it become Cronical; yet then it gives perfect ease.

The cures which hath been performed in this four or five years last past, are too many here to recite: I shall give you a few instances, such as came at the present into my mind as I was a writing; by which the rest may be the better guessed at.

A woman that is now well and in health (ready to bear testimony if there were occasion) comes to me, and pressed me to consider her condition, which indeed was

very

very lamentable and sad; for one of her legs was all out, or very near as big as my waste, with sundry stinking Fistula'd Ulcers running in it, which I was not able to look on: This leg in growing into this condition, she told me, was ten or eleven years, and all that time she could get no help, but had spent what she was able, in vain: I gave her of my Pills at a small rate, considering her condition, and willed her to prove whether there were likelihood of help by them, to apply nothing outwardly, but to wash it with her own water, or with Brandy-Wine; she accordingly did, keeping it warm, as she ought to do, and so gave my Pills time, which she accordingly did, and at first they did not onely sweat her out of measure, but did throw out abundance of filth out of measure at the Ulcers, that did greatly wet her bed in the night; she began to be fearful, and I perswaded her to patience, whereon she continues her order; and when they had thrown out all that was fit to be thrown out, then began the bigness of her leg to abate, and so with abundance of ease sweetly took down her Leg, and healed those Ulcers unto her great wonder; and when she was near whole, and had but one hole in her Leg open, and the greatness of it gone, and that Leg no bigger then the other

other; some of her Gossips perswaded her,
 if she did not keep one of the Ulcers open,
 that she should dye: I think she was near
 six Months in bringing her Leg unto this
 condition; and then she left off, that so the
 hole left might run stil; and so it did, and
 by degrees her Leg begun to swel again;
 and I on the other side wondered what was
 become of my Customer; for my counsel
 to her was, That if the Pills healed them
 all perfectly, she was a happy Woman, and
 ought to give God thanks for it; and fur-
 ther, That if they were all whole, she would
 yet continue taking of them for at least
 three Months, that her nature might get
 strength, and find other purgers then at her
 Ancles; considering for how long time her
 nature had Been debilitated, and other e-
 manentaries found, vvhich Nature did not
 ordain; but she forsaking this advice, as is
 abovesaid, relapsed; and finding that her
 Leg began as fast to go back, as vvhen she u-
 sed the Pills, it did so heal; she set to vvork
 again, and folloved the taking of the Pil,
 as she ought, and through Gods mercy
 perfected the cure, as is to be seen at this
 day; and now it may be she sends for a
 quarter of an ounce in three or four
 months. Unto God vvho sheweth mercy
 to the poore that put their trust in him,

be all praise and glory for ever, Amen,

20 There came unto me two or three men of good quality, and brought with them a Countrey-man about twenty years old, extremely lame and weak of the Palsie, so fore that he could not button himself, nor put on his clothes, nor feed himself: I gave him six Pills with a little Oyl of Amber of my own drawing; he never came again so much as to return thanks (I hope he was thankful to God.) A while after I met one of the Gentlemen that brought him to me, in *Abchurch-Lane* end, in *Cannon-street*, by meer accident; he gave me many thanks for my love unto his friend, and told me that he was gone down into the Countrey again very well about his business, and had strength and use of his hands and limbs, to his great joy and comfort, praised be God.

I wil now recite you here another, I think as strange a cure as any hath been done in this latter age of the World, and truly had I not done it myself as a weak instrument, I should very hardly believed it. And truly I wil not vary one rattle from the naked truth, to the best of my understanding and knowledge; and it was upon an Inns of Court Gentleman, that was once of the
21 Kings Army a Colonel; he being desperately
ly

Iy sick of a very foul and desperate disease.
 & had took many Pills, wherein much Quick-
 silver (as is supposed) had been put, but Pro-
 cured nothing but signs of death, that his
 Messenger told me he never looked to come
 off his bed; a bold Woman came to me with-
 out any guise or colour, & told me plainly
 how it was with him, and I not much caring
 for such kind of Patients, gave her about six
 Pills, & sent her away, & bid her as he liked
 them, to send to me again; she soon came a-
 gain with these words in her mouth, *The*
Gentleman saith that he never met with an honest
man till now, and doth entreat you that you would
not slight him in this sad condition, but go for-
ward with him; by what you have done already, he
is in hope of sudden cure; for by and by after the
of your Pills were in his belly, the sore wracking 21
of Limbs, and gnawing of his Bowels did cease,
and that he is greatly refreshed with them. I
 sent him more of the same, with order
 how to use it more effectually; shortly after
 she came for more of the same, and then
 she did assure me, That my pills and drink
 which he took, had such wonderful effects
 upon him, which did almost fright them,
 but that he was hearty and eat his meat,
 they should have feared, for all his hair
 came off from all parts of his whole body,
 and also his whole skin came off all over
 his

his whole body, and also all his nails, both on his hands and feet, came off from him without any violence fel off of themselves. I do protest as in the sight of God, what is said, is true, to the best of my understanding; and about three Weeks after I began with him, or thereabout, this Gentleman came to me, and shewed me his naked body, which I was loath he should, and not one hair upon him, but a fresh skin, as of a young child; indeed he looked shotten and wan, as one that had been sick, and so he had: He told me he was as well as ever he was in all his life, and that which made me more to wonder, was, that the nails of his hands did then begin to peep out, like the little white that is at the root of our nails. I may not handsomely say any more; I bless God that hath guided me to speak what is very true, and nothing but what is true.

Over long coyled, that it become Cronical.

Through length of time that humor commonly called Peccant, or Acrimonious or Tartarous, although its beginning may be but some ordinary cold, yet being long neglected, and many noxious humors thereby ingendered through long circulation, 'twixt heart and brain; these two being the extremities of heat and cold; I say with subjection that these humors 'twixt

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heat and cold; the heat of the heart which
 causeth them to ascend; and the coldness of
 the brain causeth them to descend: This work
 continued, those Rhumes must needs grow
 fixt; and considering that the salt of nature
 willingly joins, as Salt would be in water as
 his proper Vessel; hence ariseth those gross
 Diseases called *Cronical*; so called, because they
 are out of the reach of *Gallenical* Physick.
 Every common Chymist doth know, that
 long sublimation or circulation doth fix the
 subject, so that Diseases of this gender are for
 the most part incurable; and let all be warned
 betimes when their head and teeth ake, and ²³
 rhumes in their eyes, they slight it because
 they to appearance do amend; and many in-
 deed doth, and too many fall into this gulf,
 which doth not so appear (it may be) in seven
 years after; by that time their Rheumes get a
 Crown upon their head, they grow surly, and
 appear in divers manners: As first, sore pain in
 the head; then the evil of the eyes, beware
 of blindness; then out goes the teeth with
 great pain; or else when this humor becomes
 more gross, then out they go with the Scur-
 vey; then beware the Lungs, it is now grown
 sharp and corroding; then look unto the re-
 gion of the Bladder and Kidneys, and all the
 griefs that do attend them: But if it do e-
 scape these, then look well to your hips for
 the

the Scinnies; and if you escape that, then be-
ware the feet: I know wel that *Pandecus* pre-
scribes a four-fold ground or Radix of all di-
seses; but it doth not bend with my brain:
I think it all lieth here; and touch one, and
touch all; and let that Medicine be produced
in the world; and appear, that is like unto my
Pill, that will both ease and cure these, some
and all of these. As least, consider what I
have said; and what further shall the said con-
cerning it, it hath pretty well spoke for it
24 self.

There are hundreds of other diseases, which
all hang on the root; for as all diseases take
their beginning of a Surfet, of one kind or
other; so do they all finish in a Consumption,
called death; of one kind or other; and their
variations are from the several complexions
and temperatures of men, and their mixture,
as Sanguine, Choleric, Melancholly, Flegma-
tick; their temperature; whether hot, cold,
moist or dry; and the several compoundings
of these; all which passeth my brains: I do
not know them for my self, and therefore un-
doubtedly cannot know them for any other,
neither do I take it upon me; but my work
teacheth me to know, that long circulation
doth produce fixing; and when fixe, it's ef-
fects are more or less strong or weak, much
or little according unto the degrees thereof.

A man is therefore truly called *Microcosm*, a little world, a world indeed of wonders; *Solomon* saith speaking of man, God hath set the world in his heart, and who can find it out? And in his Book of wisdom, where he promiseth to teach us all wisdom, and the beginning of it, and whence it is, he telleth us something of his own beginning, that he was born of a Woman as all others are, and more he teacheth, but of that nature, wherein he whispereth that man is the seat or subject of true wisdom, which you may read at your leisure.

A late, but expert Philosopher telleth us in one of his Riddles, that he had been all his life time sailing twixt the Arctick and the Antartick Poles, which in another place he calls his mouth and his belly; and who is so wise as to see the mystery of hunger, and what is it that hath power to satisfy its draught or attraction; and when hunger is satisfied, what the operation of nature is, untill it came unto the Antartick or Expulsive Pole; how forcibly nature will throw out the feculence, after curious nature hath drawn and elaborated the subject, and separated the quintessence; so that this little world hangerth upon the two Poles, Attractive and Expulsive; now then if there be a man in the world that knoweth himself,

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then

then would I ask what that man is ignorant of, but if thou couldst as it were go out of thy self, and could diligently converse with thine own Intelligences, and the operation of the threefold world in one, *viz.* Celestial, Intelligible, and Terrestrial, or Bestial, mixt with infernal thorow the fall of man. I say, the vast Latitude and extent of man in all respects, thou wouldst find him such a mystery, as hath whole nature contained in him, and consequently the variety of his Ails are accordingly; whence very many take their root from the mind, and very many from secret Sympathy and Antipathy, which vvith a vvitness sheweth the presumption of Pispot Doctors; nay that man, or hundredth man, may be truly called vvise, that is able vvith their tongues to give
 25 a true Character of their one Ails; which I speak it boldly, not one of a hundred is able to do, and God knowvs they are administred to accordingly; all vvich duely considered, thou vvilt see reason and cause vvhy the Ancients spent their time in searching out Medicines Universal:

I have therefore from the serious consideration of the premises, vvholly set my self unto the study of Hermetick Physick, and that is vvholly set on two things; Universality for safety vvhen vvisely administred,

and

and Universality in operation; and let it not seem to thee as a new or strange thing; this is evident in the Books of the Antients as the height of their skill, and nothing more frequent in all their writings then receipts of Medicine Universal, as all that read can bear witness; and if I should give you their receipts, it would swell this little Book unto a great Volume.

I do affirm unto all men that there is nothing contained in all the three kingdoms of nature, viz. Mineral, Vegetative, and Animal, but that it doth contain in it self Medicine universal; suppose what you will in the world, if he grant that which no man can deny, viz. That all things created by the blessed Trinity are made of three, Salt, Sulphur and Mercury; then take I pray you what individual you please, suppose it to be a Vegetable, any Herb of any kind; for the *Arcanus*, or Spirit of life, is the same in all things, and separate by a natural process, these three substances; give them their due cleansing, viz. for the Salt give a natural calcination; then dissolve, filter, coagulate, and again calcine, repeating these so long untill they will yield unto thee no more *Fecis*; but be sure thy calcination do not excite too much, for thy Salt doth consist also of three

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sorts,

sorts, a fixed Salt, and a Nitrous; and a Volatil; and if thou stir him too much, be sure thou wilt give wing unto the Volatil; this wisely prepared is a great treasure: be as careful and as natural in the cleansing and rectifying of thy Sulphur, and likewise of thy Mercury, each one according unto his kind, and being cleansed according to Art, then conjoyn them according unto the poise of Nature, then feed them by *Vulcan* hand; but let not his Bellows be too big until all re-unite again, and do fix and make lively; this Work being finished, I do demand of all men what this wanteth of a

26 Universal Medicine, or fifth Essence. Now that Salt, Oyl and Water, will really become a body, is evident; for the mediation of Oyl, or Fat, or Sulphur, binds or brings together the two extreames, viz. Salt and Water, the one being fixed of kind, and the other being Volatil, the sweet Mediation of Sulphur brings these extreames into unity; and this is apparently seen in a vulgar working of Sope; and although that working be violent and unnatural, yet there such a conjugal embracing each other, performed, and that in few hours, would puzzle a good Artist to undo truly for some months, if it can ever be done at all: It is not fables I speak of, nor scrape

out of books without reason, but is the daily work and labor of my hand, with reason upon experience that enforceth me to believe this matter; and I have spoke the more unto it, because many that want not ignorance do laugh at an universal Medicin; 27 but I am upon good grounds bound to believe, that all and every thing in the world hath it, yea the most despised creature that the most high God hath created and made; and further I freely grant, the least or worst of things that have being, doth carry so much of the Wisdom of its Creator in it, that the more I have and do labor to know its extent, the more I am at a loss, yea indeed I become the more a fool, confessing freely that I know nothing as I ought to know it: and if of creatures thus to speak in general, then what shall we say of the most choicest creature, man; this then I do certainly take also for granted, that there is no sickness or Aile attends the body of man, but his cure is of and from his own body, he always hath it with him, if he knew how, and what, and when to apply it to himself, either of his substance, or of his excrements.

From hence may the miserable estate of poor man be discerned, who of all creatures when he is sick is the most helpless, miserable, full of tormenting pains, and as igno-

rant of his own cure, or what should cure him; for men in health think not on sickness, until they be sick; but spend their time in the bestiality and sordid covetings after the things and pleasures of this life, blinded in sin, and drenched with Surfeiting, either abusing Gods creatures, or themselves in inordinate desire after them, so that they neither know God in his word, nor in his works, nor themselves, or what is good to help them; one word further which sets out mans misery, and I hope may awaken some to amendment of life; I would ask why is it a man suffers such intollerable pain in sickness and death more then a beast? I will give two reasons for it; First the intricateness of natures composition, together with the length of time in his maturation for things wherein nature hath but a weak and short time of coction, admits of an easy and sudden dissolution or separation; every one in every thing discerneth this; but man hath the most perfect composition of any thing that hath an animal life, with sense and feeling; and add to that, the great time he requires, before he come up to his full strength; this must needs require some hard knocks in the dissolving, as well as it did receive time and strength in coction. Secondly, that which is more then this

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this, is the force of his imagination and apprehension both of death and of God's displeasure for sin, all which doth make him so mightily sensible, that the terrors of death is oft born before it comes; as in *Agag* King of the *Amalekites*. A word to a wise man is sufficient, because this is not my proper discourse intended in this place.

What hath been said, let it admonish all men as they tender the welfare of body or soul, not to be unfurnished for either, assuring that they wil not be hurt by true knowledge, and do therefore conclude, that the Medicine that strengthens and comforts the Vital Spirits, fortifies the heart, and purgeth and cleanseth the blood, is an universal Medicine; for what temper or 28 quality aboundeth and exceeds the poise of nature, that is he an enemy unto; as if a man have a Fever, that I suppose will be granted to be too much fire, he is a perfect enemy of that, or if wind, drives away that; these things are common with me performed with my Pill, judge of it as you please; and I shall count it sufficient through Gods rich mercy and goodness, frequently to cure, and frequently to ease pains and ailes counted incurable.

It being taken for granted, that all diseases for the most part proceed from a poisonous quality, He-

tragenial to Nature: If any man list to deny or dispute this, I would gladly be informed by him.

- 29 For Agues, if this Pill be taken in reasonable dose two hours before the fit, and a Glass of Sack or Ale drunk after it.

That is to say, so much as the Patient finds by good experience that they can bear, and observe this order; two hours before the fit comes, take two Pills, and in the interim of fits take one Pill.

The Patient being put into a warm bed disposed for sweat, at three times taking it, for the most part is absolute cure, let it be never so malignant.

The Pill working by sweat principally in this disease, requires a warm bed, and that two hours before the fit, because by that time the Pills will contribute their virtue all over the body; so that instead of having a cold and shaking fit, the Patient will be asleep, and in a fine sweat; provided that you have given a right dose, that is, so much as the strength of the Patient can bear, and the disease doth require; it hath fallen out oft, that one Pill alone hath cured an Ague; and it falls out that some that are compounded with other diseases, will not be cured with twenty; yet all do feel their benefit at the very first taking of it, which will give them encouragement sufficient to perse-

persevere and give it time; if it be so that the disease require it; for you may take notice that the Ague is but the beginning or fore-runner of many other diseases, far worse then it self; as Dropsie, Scurvy, Jaundice, and oft times Consumptions; yet though the bounty of God, I have helped many far gone with all these, with this Pill, and very little other things to help: it is also to be noted how irregular many are in the use of means, which wil neither give themselves time nor rest, but finding their fit at the first and second taking to be gone, wil no longer be ruled, and wil take no more; and thus in six or eight days their fits come again; whereas indeed they had need to take them at least fourteen dayes after the fits are gone, that nature may get strength, and the blood thoroughly purged; and some that wil not be ruled, have come again and again, and urged, their business permitted them not; but some of these, by that time the Winter hath come unto its depth, their business hath permitted them to dye. I do make mention of this to second my admonition; and I do warn and charge, that although the first Pill that you take, to your thinking hath conquered your Ague, that you notwithstanding expect it, as soon as the power of that Pill is wrought

wrought out, except you supply with another, and that for some time, you may fear its coming again; there is not any case wherein people have more abused themselves, and me in my credit and Pill, then in this business of Agues; all which might be easily helped, if people would follow home, as they should; but let him that is disposed to play with his Ague, assure himself, his Ague wil not play with him; neither let him think that it wil be set going with one violent potion; for experience telleth those, that so doing they do but drive themselves into the Droplie, as extream vomiting with unknown powders; not but that a vomit is rational and necessary, with other means; there would be no end for me to write particulars, the cures have been so many; for many hundreds have been cured herewith, and many have helped their friends with my pills, whose faces I never saw, and they are a living testimony of the power of my Pills.

- 31 *The like for all kind of Fevers, onely in stead of Sack drink white wine; but if the Fever have got head before this Pill be taken, and the patient weak, and wanteth the benefit of nature by siege, there is a proper Glister to be taken to cleanse, open, and cool the patient; but upon their life not to neglect the taking of the Pills.*

As to Fevers, through the bounty of Almighty God I think greater wonders have hardly been seen; how speedily and effectually this Pill in few hours doth over-rule the disease, and in a little time doth cure them, as may appear by the instances following: One of my neighbors comes unto me, and brings another with her, and desired me to visit her daughter which lay at the point of death, about eleven or twelve yeers of Age; her sickness was an high Fever accompanied with extream shortness and want of breath; left off by a very honest and able Doctor, who told her Father and Mother, that if she desired any thing, they should give it her, for he would not prescribe or give any thing more unto her; and further, that she could not live untill the morrow morning; she also said, that she would desire me if I thought good, to give her any thing, if she should dye. yet it would be no discredit unto me, for they all looked upon her as dead, although she were alive. I went with her, and took of the extract of my Pill, and truly I never saw in all my life greater weakness, and yet live; at her mothers intreaty I gave her halfa spoonful of ³² my extract in white-wine and Sugar, and said, if it please God that she do sleep and sweat (for neither of them she could not be brought

brought unto) I do not much fear but that she may yet recover: while we were speaking a very little while, her mother telling me the manner how she fell sick, she turned her self about; said she, I think my child is a sleep already. I wished her to feel on her fore-head, and it was a little moist, I caused all to depart the room, and I went home; this was at four in the afternoon, and just about eight the neighbor that came with her mother, came in great haste, and told us that she had slept and sweat all that while, and now she was awaked, and called for meat, and they desired to know what they should give her; I will say no more of this, what is said is true, and will speak for it self; it is sufficient through Gods wonderful blessing upon the Pill as the means, this child is in perfect health, as far as I am able to judg; neither do I doubt but this with other instances will stand in the face of envy it self, praised be God who giveth me many such like witnesses, whose record is true, and will stand on my behalfe both in heaven and earth.

- 33 Another instance I will give you more strange then this; a Gentleman wel known comes to me, with a grave Gentlewoman with him, and he told me he had an onely son of about thirteen yeers old, who had laid sick of a Feaver about seven dayes, and

and that he neither did eat, sleep, nor sweat, but did burn as if he were on fire, and that for want of rest he did talk idle, and that he had used meanes uneffectual, and did much fear his life, desired me to give something that might do him good; I gave with him a little bottle of the aforesaid extract of my Pill, and willed them to make hast and presently give him one spoonful in two of White-wine and Sugar, which as it appears they did; I told them as I did unto the other, that if I did produce sweat and sleep, I did not doubt the recovery of his son (in an ordinary way of Gods providence) and that I had daily experience in like cases; and I further willed them to give him the like potion every half-day untill he was well, if they thought good to follow my advice (which advice cost them nothing) about two dayes after the ancient Gentlewoman comes again with the same bottle, and I am sure I did hardly miss one spoonful, in so much that I would have forced her, if I could, to have taken all her money again, but I could not; and she said that they made haste as I bad them, and what was wanting they gave it him at that time, and he presently fell asleep, and also into a gallant breathing sweat, and so he lay asleep in his sweat six hours (for nature having

ving ease, the patient will soon sleep) and then he waked and called for meat, which they gave him, and it did well agree with him, to all their exceeding joy and comfort, and said she he is very well, and doth continue sleeping well and orderly, and also eating his meat, and I give you a hundred thanks, and have brought you your bottle again, it may please God it may save the life of another, for he never took it but once. Now I do assure you, God Almighty, the faithful and true witness knoweth, that to my best knowledge I have not erred, no not in one tittle as to the substance of the relation; unto him therefore be all obedience, thanksgiving, praise and glory for ever Amen.

- 34 The general rule; that I follow in giving this Pill, whether it be in a Pill, or in an extract, is to begin with little enough at first, wherein is both pleasantness and safety; for some have foolishly flung off, at once taking, because they it may be have slept an hour or two longer then they expected, and it may be sweat more then and longer then they were willing; these it is evident complain of ease, yet is it their own fault, for taking it their own way, and not after my direction.

- 35 *It helpeth all Headach and Toothach.*

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Experience which is the truest Informer, speaks aloud in this matter also, for if a little Pill be applied unto the Tooth, it (while one can tell forty) gives ease, and often times never troubles more for that time. I was once with two or three friends in cold weather, drinking a pot of hot Purle at the corner of Broad-street, the maid of the house almost mad with her Teeth, and her Mistris said she was ready to knock her brains out for madness, I gave her a bout four grains in a little Pill, and bid her lay it to the aking Tooth, which she did, and presently went to draw us drink, who came presently up again laughing, my friends thought I had conjured, they could hardly believe her that her Teeth did ake; she affirmed they were well, and all her pain gone. I gave her a Pill to take when she went to bed to make all sure, which it did perfectly, so that her teeth aaked not while she stayd in that house. Many such like I might relate, but because I suppose belief in this must be granted, it is so common that many do much help this way as I never hear of in all parts of the City and Country; but my advice is to take it in a good dose, & go to bed; and if the cold be great, to take three or four night after night, that is, one each night; so it will do thee many good offices, besides the

the help of the Tooth-ach; for if the defluxion of Rhumes be high, and there appear unto their present feeling nothing but pains of teeth; yet if they make not use of good means, to stop and dry up that humor, they may expect the Scurvy, Consumption, or Dropfie to follow, whereby their lives will spend out in misery, and hasten them to death: And for the head-ach, it is as ready help, and all kind of pains in the head; I never knew any grief of the head stand with it but one, and the Gentleman said it was called a *Vertigo*, what that is, I am not so wise; but this I know, that the party grieved said, he always was pained with a scalding 'twixt the skin and the skull of his head; and I think (but that I durst not to be so bold with him) if this Pill had been applied to the skull of his head, it would have reached it better: But for any other pain or grief, although never so bad, or of long standing, it doth overrule it.

36 *It dries up dropping Rhumes, Catarrhs, which destroy the Lungs.*

Blessed be God I speak it with joy, the many which this Pill hath helped both in City and Countrey, which have been left of great and able men, and some of them so weak, that they have not been able to
come

come to me: At this instant one man in
Northumberland-Alley, a lost man in all ap-
 pearance, both in his and his
 Wives judgement, even at *But since dead.*
 once is a living Monument of
 Gods mercy, and the Pills power and effica-
 cy: I do verily believe I might have Certi-
 ficates of hundreds of this grief onely, if
 I would desire them, under their own
 hands, with their place of dwelling: I do
 know well, that the more good I am an in-
 strument to do, the more some wil envy: I
 may not look to speed better then he that
 was without sin.

Presently helpeth any Cold, Cough, or Surfeit. 37

Which is also true, that although a mans
 Cough were never so violent, yet shall he
 not cough that night he takes a Pill, til to-
 wards the morning a little; then it may be
 he may cough a little to cast forth his
 humes thickned; for lying 'twixt head
 and lungs, defends the one, and sends up
 sweet vapors into the other, that there is
 no coughing: Many people of great age at
 the gates of death to their thinking, God
 blessing this Pill unto them, are revived, and
 comfortably enjoy themselves, and are at
 ease, enjoying their breath in good order,
 which before was ever ready to strangle: I
 do perswade my self, that the World never

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injoied a more substantial help for all grief
of this kind; and let me tell thee plainly
and freely, if the first Pill that thou shalt
take, do not sufficiently speak for it self, I
do assure thee that I desire to say nothing,
neither wil I perswade thee to take a second.

- 38 There was in *London* an aged and honor-
able Alderman, which for some years was
much troubled with a Distillation or De-
fluxion of Rhumes from his head; this
Gentleman spent and took much for the
same of sundry of the greatest note, but to
no purpose, as he informeth me himself, the
first Pill of mine that ever he did take, al-
though but a little one, did stop his Distil-
lation, that he did not cough all that night,
unto his great wonder; and I thank him,
he did in my vindication send unto those
whose things before proved uneffectual;
and let them know what one small Pill of
mine had done, which did win me and my
Pills great credit. There would be no end
of writing of particulars; we hardly pass a
day without experiences of this kind,
thanks be to God; and for such kind of
colds as carry the symptomes of Ague or
Feaver with them, if you take it betimes,
and in reasonable quantity, as the Patient
may bear, it is seldom but that one Pill
brings you off master; but if not (for it is

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according as the strength of the infection
 is) yet continue, and with small patience
 all will be overcome: I speak by experience,
 for I have oft in cold and foul weather ³⁹
 come home with the apparent signs of both
 Feaver and Ague, and then I hast to bed,
 taking one Pill just presently; for every mi-
 nute would be to loss; and about four or six
 hours after, I took another; always having
 by me a bottle of good Strong-Water, that
 in case of faintings I may refresh my self
 with a spoonful or two thereof, either by it
 self, or mix'd with Ale or Beer; and keep-
 ing this order, that Fever, nor one in ten
 stays with me above twenty four hours, or
 to keep me in doors all the next day; if the
 weather be favourable; and for any surfeit,
 either of diet, drink, or labour, or any other
 way, it is as ready help as possibly the na- ⁴⁰
 ture of the disease wil permit; but if the
 Surfeit be by meat or drink, it wil work va-
 riously, sometimes by vomit, and most fre-
 quently; and sometimes by purging onely;
 and sometimes by both; and if the Surfeit
 be long taken, it wil work higher then by
 sweat and urine, and will cause the Patient
 to break out more or less, according as the
 nature and degrees of the Patient is, where-
 by through the blessing of God, it hath e-
 minently saved the lives of many, as I

will give you here a few instances.

A lusty and strong young man, upon strong labor being both hot and dry, met with smal Beer, and he drank freely, which did chill his fat and blood within him; he suddenly was sensible, and betook himself unto his bed, where he lay in a desperate condition, none expecting his life could be saved; his wife comes to me for him, making great complaint that they had spent all that they had, and words to that purpose; I gave her Pills, and heard no more of her; about three or four months after, by a meer accident I was with some, where also this man was in company: I knew not him, nor he knew not me, till by the discourse of the company he gained knowledge that it was I who gave pills at the Tower; and he did there before them all make a relation of his long sad condition, and that his Wife found favor, said he, with this Gentleman, who gave me freely a smal pot of stuff to make Pills on; and the first Pill, said he, that ever I did take, I did find my spirits revive within me, and I never had more; And Sir, I crave pardon for my unthankfulness unto you, and now give you a hundred thanks, for under God you saved my life, &c. This man is always ready to speak to the full height of what I have

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said, and much more both of himself and friends.

Another man coming up from *Manchester* in cold weather, a man that used to be much in the fire, and also to keep company; by that time he got unto *London*, his spirit was spent, having got Surfeit upon Surfeit; and being both perverse and also covetous, resolved to dye rather then fall into any Doctor, Apothecary, or Chyrurgeons hand; his Brother and Silvers perswasions were all in vain, he being resolved to lay his bones here, as he said: at last his Brother thought of me, and said unto him, that he would bring a man to him that was neither Doctor, nor Apothecary; then he began to hearken a little, but what was I then? An²⁸ Alchymist (which he understood as well as *Walthams Calf*). I was brought (for I could not say my friend, his brother, nay) and found him in a lumpish, heartless temper, and burning in a Fever; he regarded little what I said, neither would be perswaded to take any thing; till I having made three little Pills, and first I took one my self, then his brother took the second; and when he saw that, he for shame took the third: It did vex me, and yet it was some pleasure to see the hoggish temper of the man; I hastid, and made two, and left them for to take at

other nights, if he liked the working of that in his belly; and all that I made was but little ones, partly because of the man's timorousness, and partly because of my self being from home; I willed him to haste to bed, and be kept warm: I came the next morning to see my Patient, he coughed, and told me he was much better, and gave me many thanks: His brother protested that they heard him break wind in the night (as he and his wife lay in the Chamber over him) as if he would have blowed the bed from under him; and also when he came down to see him, that his Rugg with which he was covered, did stand all on a dew, his sweat coming thorow all the bed-cloaths. He got up while I was there, and did eat a little of a neck of Mutton the first meat that he did eat in *London*; and as I stood talking with him, I thrust the two Pills together, and made up the number out of my Box, which he did not perceive, but the first had done the work, for they both did not near work so high with him as the first did, and in three days time this man was as well as ever he was in his life, and as chearfully went about his business: Unto God whose commandment gives healing, be all praise and glory for ever. I confess I did receive too much respect, being

but

but a poor weak instrument of so great and miraculous a work, considering the time of its performing, and I was as thorowly rewarded; for when he returned to *Manchester*, he sent me the best *Cheshire* Cheese he could buy for mony, as he promised me for my cure. I have given you the particulars, with their circumstances, in this and diverse other instances for good reason, which is, That the ignorant thereby, together with my punctual direction, might be well instructed, how in all cases they order themselves in making use of this Pill; for by experience I find, both say and write what I will for direction, many forget, and many wil do what they list; but I hope all will hold me excused, having afforded rules in abundance for direction, viz. Be sure at first to take little enough, and by little and little come on in quantity as you can bear it, and as your condition requires it (a wise man will cut his meat with his knife, but it may be that a mad man will cut his throat therewith, yet notwithstanding the knife is good and necessary).

One instance which comes now to my mind, I will tell you; A very good friend of mine well known amongst Trades-men, was feasted by his Landlord at the time of

paying his Rent, with Venison and Respast wine, and being free and merry, did eat and drink freely thereof, but did not at all digest the same: Thus on Saturday morning he found himself indisposed, and not well all the day, and grew worse and worse; at night he took one of my Pills (always having them in the house ready upon all occasions) and goes to bed, in two hours time he begun to vomit, which he did very much with much illness, and as it may be supposed, wanted the most part of the benefit thereof (in that case I would advise to have taken another) notwithstanding he vomited and drunk much all night with great violence, and he burned inwardly, and was most unsatisfiedly dry (his drinking was out of measure) but still inwardly burned worse and worse; and being spent, grew very weak and feeble, insomuch that his wife and friends did despair of life; and I being locked up in the Tower, could not be spoke with till betwixt six and seven in the morning. Being sent for I hastened, and took with me one Gill of my Antidote, for Pills I knew they had in the house; and when I came to him, he was so weak he could not speak unto me; his face and nose, his hands and feet were all as cold as earth; I had little hopes of his life, for contrary

unto

unto these his stomach did burn like fire, which indeed caused him to pour into his belly so much small beer, and by this time had no strength to evacuate it again; that his Surfet now was double, as well from unreasonable drinking of smal beer, as of Respass Wine and Venison; with his Wives good liking I gave him three spoonfuls of my Antidote in four spoonfuls of Treacle water (praying for a blessing, yet much feared his life) it gave him a little ease, as we conceived by his quiet lying; I hoped all vomiting had been staid, thinking that to have been the best for him; he lay still while one might tell treatably half a thousand, or thereabout; then he began to stretch out himself, and turned up the white of his eies; we all that were spectators was sorely distressed for him, expecting nothing but that his last breath was going from him; but contrary to our expectation he gathered up his feet, and twisted himself about, and started up, a great Bason much like a Barbars Bason being ready, which he had used in the night, and there at once comes up such a full torrent as his mouth could admit, which quickly filled the great Bason, such a vomit as I never beheld in all my life, and am perswaded never sh I again; and in the end of it comes his Respass Wine, and his Venison unwrought on by nature;
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for it is evident, that all the former vomiting did not reach the root of the matter: this vomit being over, and another Basin ready, he gave again another easie strain, & brought up again my Antidote just as he put it into his belly, both for quantity and colour, as near as we could guess; look you, (said his Wife unto me) here is your stuff again: Well, said I, blessed be God for this stuff; he hath done well for this time, the Lord make us thankful; I would not for more then I wil speak of, your husband had dyed; you would have thought ill of me and my Antidote: Through the goodness of God this man was about his business in two days time: This my friend, with all the rest present, are ready to witness what I have said, and more, touching this matter. Unto God Eternal, Immortal Lord of life and death, be praise, and honor, and glory, for ever, Amen: For he taketh the strong and hardy, and casteth them unto the dust of death, according to his Will; and again, he taketh that which is ready to dye, and restores it to life at his good wil and pleasure; and who is he of the hardiest of men, that can withstand God?

41 *It removes pains of the Breast, trembling of the Heart, cleanseth the Blood.*

I have not known any pains stand before it, in Feavers, or any other grief, wherein

is great crying out of pains and oppressions of the breast, but the first Pill gives relief. There is a very aged woman by me on Tower-hil, hard by the Scaffold, who was almost off of her legs with extream trembling and aking of her heart, which was occasioned through a fright and much grief, and she took this Pill for almost, or altogether these three years, and thanks be to God is now lusty, and far stronger and better then when she began to take it at first. That it is a forcible cleanser of the blood, it is evident by its universal sweating, and purging by Urine.

It helpeth sudden fits of Swooning, and Con- 42
vulsions.

A young man very much troubled with fits, and oft would fall down, and foam in his fits, (I do not know what to determine them to be) and with the use of this Pill, and my Oyl of Amber, found present relief, which he thankfully acknowledged beyond expectation; and very many of each sex and age, frequently have received the like benefit.

It drunk with white-wine, cleanseth the reins 43
and kidneys of Gravel; openeth the Urinary passages, drives out the stone, if it be not coagulated, and oft times at urine sends forth like jags of cloath or paper of sundry colours.

Of its power in cleansing the Reins, Kidneys and Bladder, many hath plentifully found

found by good experience, to their exceeding joy and comfort.

A good friend of mine going to *Colchester*, finds a Kinswoman very sick, and near death, of the stone and gravel; he gave her two or three Pills, I am not certain, but he brought me home five or six stones of considerable bigness, full of sharp spikes, as pin points, and three-square, which I have reserved; they also seemed as if they had been hung upon a string. Many more there were which we have not; but through the goodness of God this Woman, although near eighty, at once recovered hereon, praised be God.

A man that came from *Ireland*, who had married an *Irish* Whore, who had a Husband of her own Countrey-men, did poison this English man three times, the last time wrought so strongly, that it took him off his business; his hair and nails came off: This man (very weak) came to *England* in hope of relief; this man had a perpetual thirst, and did drink without measure, but could not Urine it out, so that he was swelled ready to burst, and all means which could be gotten, could not help him, until God so ordered it that I heard of him; for a very good friend of his did desire my charitable assistance: I sent him six Pills, which wrought such happy effects, that after one of them given him, he
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fel a making of water so out of measure, that he filled what was by him for that service, and then had no retention, but let all go in his bed: His friend had for him one quarter of an ounce more; I never saw the man, nor never heard more of him; but what I have said is the true and faithful relation of his friend, as near as I am able to give it you.

A very old man in Ducksfield-lane; lay at the point of death with the stone, and could make no water for many days and nights together; so that in the judgement of his neighbours, there was no hope of his life: One of his neighbours which did know the worth of my Pills, came unto me, and desired me to administer unto him. I told her that she knew well enough that I never did undertake any thing, and that she knew well enough the force of my Pills; and if she would venture to give it him, I would give her some; but to give it him by my advice, I would give none, blaming her for letting it be drove so far, and the old man near death; she replied, the case was desperate, and other means was uneffectual, and she would give him a good Pill, although he did dye; for there was no way else but that for him: I gave her Pills with her; she gives him a good Pill; the old man by reason of pain had not slept for many nights and days; he presently falls asleep, and slept
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four or five hours, and when he awaked, called for a pot, and did so Urine, that they had hardly things to receive it; and of a sudden this man was up and about his business. Blessed be God for all his unspeakable mercies.

A loving friend of mine who lives at present at *Chatham*, who knew well the worth and safety of my Pill, by much experience he has made, having a friend of his that was much troubled with the Stone, and difficulty of making water; my friend gives him a good Pill and the next day as he stood straining against a brick wall to make water, at last there flew out a stone from him; and snapt against the brick wall where he stood, of an incredible bigness to be of a mans voiding; upon which this man was wonderfully released, to his great comfort; which stone my friend brings to us, and we have it at this present by us. Unto God Almighty be all thanksgiving for ever.

- 44 A man comes unto me in behalf of his wife, a young woman, that was desperately afflicted, but none could tell her what her grief was; notwithstanding the woman was weary of her life, her pains and gnawing at her breast was so exceeding much, and the most conceived she had the foul Disease; (it was indeed a foul Disease) and I did also mistrust it, and I think the woman did likewise, but notwith-

notwithstanding made many protestations for her self: I let them have Pills for their money, not doubting but they would make a discovery what the matter was; and so it was, that my Pills did provoke strong vomiting, and at last comes up (as her husband telleth me) a thing that either was a worm, or like a worm, but it had a strange kind of ugly head, and was at least twelve or fourteen inches in it: I did not see it, nor could hear any more of it.

A woman at *Richmond* a long time grieved, but knew not what her grief was, but sore oppressed at her breast; a neighbour of hers gives her one of my Pills, which caused her to vomit in a strong and violent manner; she brought forth at her mouth clots of putrified blood, and matter of divers colours, that hung together that it might be drawn out betwixt one's hands, and like jags of linen cloath or paper; through God's blessing it did preserve her, and she is in good health at this day, praised be God for his rich mercy and goodness.

A very ancient Gentleman wel known in the City of *London*, being much afflicted with the Stone and Gravel in the Kidneys, riding unto his Countrey-house, received a very gentle fall from his horse upon the sand; notwithstanding it did stir him too much, insomuch as that

that his Urine was all blood; and (as might be guessed in reason, that) the stones in the vessel wherein they were bred, being sharp pointed, pricked the Kidneys, which might produce bleeding: This Gentleman being careful of himself, caused a Coach to be that night sent for, and hasted to *London*, where in reason help might be attained, and such was his care, that when the Coach came in hard and stony ways, he got out of the Coach, and went gently on foot: He applied himself unto the best means for help, as in reason were to be attained, but stil in vain; in so much that he did much fear his life, by reason of his much bleeding, and as near as he could guess, he had lost above two gallons of blood and water: A friend of mine visiting him, perswaded him to take some of my Pills, which he did, and with good and happy effect; for it did both stop his bleeding, & yet also brought away handfuls of Gravel; this Gentleman came unto me for more of my Pills. And this is the true relation, as near as I am able to remember, and thorow God's mercy he is ready to attest above what I have written. Praised be God, who gives life from death at his good will and pleasure.

- 47 • An Aldermans Wife of this City being also grievously wasted with a flux of blood, that her condition was very doubtful, a wo-

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man that I am perswaded fears the Lord in truth, she desired to speak with me, to take my Pills and in two or three days finds great relief; and in a day or two more was perfectly healed, and she was about her business. Blessed be the God of all our Mercies.

A woman by *Bishops-Gate*, newly brought ⁴⁸ to bed, but very sick of inward griefs, takes one of my Pills, which did bring a stone I might guess as big as my great finger end, but long, and one end much bigger then the other; her little daughter lighting on it, did bite off (as she said) the bigger end; and if true, then was it bigger then I have spoken; she brought it us, and left it for some months with us: Further she telleth us, that this Pill did bring from her by siege, a thick hard congealed matter discoloured, and like Orange Pills, at which they did more wonder then at the former: This woman did recover and enjoy much ease and health long after it. To the most High, who dwelleth with him that is of an humble heart, and trembleth at his word, be all praise and glory for ever, Amen: For I am perswaded this Woman did truly fear the Lord, and put her whole trust in him.

A Gentlewoman that was rich, but of a discontented spirit, being near the point of ⁴⁹ death, heard of my Pills, she took of it, but not according to my rules, but did mix it with

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stuff

stuff of her own; she lived about 12. months after she did begin with them, but got no ground, but grew weaker and weaker, till at last she took the Pills alone; and when she was so weak that she would take no earthly thing, neither bread nor broth, nor any Cordial either of her own, or of any other bodies, she would take a little of my Pill, and that alone did keep her alive, and sustain her for ten days, to the great wonder and astonishment of all about her, and had the use of her senses so far, as to be much troubled at her kindred about the dividing of her Estate, for she had no Child, and was rich. This is a true relation, which the Nurse (that was always with her) doth give me.

- 50 A very old man near death, and bed-ridden for a good while, meets with my Pill I know not how, and did revive exceedingly; his Son-in-law being accidentally in my company, told me how it did lift up his father from the grave beyond all expectation: I willed him to be careful of him, and told him, that if he did neglect him one night, it would endanger his life. About three months after (as I do remember) I met him again; said he to me, But that I know you are an honest man, I should have thought you had been a Witch; for (said he) we forgot to send for Pills till it was too late, and the next day my Father dyed; then I remembered what you said.

And

Another old man near fourscore, being⁵¹ lame in his limbs, and also grievously afflicted with a Rupture, was bed-rid, and could in no wise help himself; not so much as to button his Doublet, and to all demonstration was very near his end: this man with the use of my Pill's, did begin to feel his arms and his limbs so, that he could do some necessary offices for himself, and continuing, began to stagger upon his legs, and to feel himself upon his crutches; and in short time this man first threw away one crutch, and then another; so that now at this time this old man wil go from *Ratcliff* to *Westminster*, and back again in a day, on his feet, about his business, with onely a little short stick in his hand, praised be God:

A very old man upward of fourscore, lay two years bed-rid, meeting with my Pill, did so recover, that (as his servant tells me) the last Summer he did buy him a horse to take his pleasure in the Countrey withall.

A Knight lay bed-rid and lame of all his limbs in the Kings-Bench, in such sort, as that he could not scarcely stir one finger, but his hands & fingers pulled on heaps; this Knight received six Pills, which did so happy effect on him, as at once untied and set him at liberty: He sent for me; I did not make so much haste to come at him, as he desired; my friend from

whom he had the Pills, goes to visit him, and he had took horse, and was gone about his business. Thanks be always given to God.

Also upon Tower-hill doth live another old man, aged fourscore and six years, who for some years lay bed-ridden, and past hope, as to this World; this man with the use of my Pill, doth now comfortably enjoy himself, and ruleth over all his pains and ailes, and doth rise up, and walk up and down the house, and keep the fire-side warm, and prevents his kindred of their expectations, to his great ease and comfort. To God alone, who commands and it is done, be all praise and thanksgiving for evermore, *Amen*.

In *Coleman-street* also liveth a very aged woman, who for a long time went to *Fish-street* to fetch sewing-Work, and through much weakness made five or six restings by the way, with very great pain and grief, in a little time making use of my Pills, doth now go it with ease, and without any stop or turn; for which the old woman doth return all hearty praise and thanks unto God. I solemnly protest, that I do in my conscience believe that I do receive more strength and nourishment by a good Pill, then from the best meals meat that ever I eat in all my life: And therefore the madness of those doth appear, which through their ignorance do charge my Pill with destroying

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stroying Nature; but the best is, those that so do, are such as never took any of it; they may better be allowed to spend their verdict; both old and young that use it, find the contrary by good experience: for I do not commend a thing in the air, or beyond sea, but a thing that near, or altogether, one quarter of a pound is taken every night, and certain things concerning it may be attained: And I do wonder at the shameless slanders and forgeries of some, that one would think should a little more respect their credit; but it is best for me to let them forge on till they are weary: I am perswaded their lying is the way to make me thrive.

Some time since I met a very good friend, who was not well; I gave him six large Pills fit for his own taking; but they being all run into one by that time he came home, his wife made the six up into nine, and that night she took six of the nine, regarding not rule or order that I had given; and indeed any of the six had been a portion sufficient for her to take: This woman about twelve a clock in the night began to vomit, and so continued till ten the next day, and much foul matter it brought from her; and after she had gained rest, and received meat. she found her self well, and much eased of her oppressions. A while after I met her husband, who thanked me for work-

ing such a wonderful cure upon his wife: I replied, I never gave her any thing; then he told me what his wife had done, and said, that although he was afraid that she had killed her self, yet it proved very happily; for said he, your Pills have not onely cured all the pains and ilness of her body, but likewise they have
 53 cured all her ill conditions too; at which I, and some friends with me, fell a laughing: Why (said he) it is true; for before she took your Pills, she was so apt to be angry and peevish, I could please her in nothing; but since she took those Pills, she is the lovingest woman that may be, and so pleasant, that I give you thanks for them for my wife, for I my self took none of them. Although this story is matter of laughter to those that heard it, and a Proverb unto this day, and it may be as ridiculous to you that read it; yet if you please to consider that it is pain that oftentimes makes peevish, the ease of pain doth remove away such peevishness.

54 A woman comes to me sorely afflicted a long time in all her limbs, and her torment was such as is not to be credited; the woman I perceived was exceeding sensible, and in most grievous extremity cried out; I hastened and gave her of my Pills: she comes the next day, and did so load me with thanks and praise, that my heart did ake within me, least
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God should be dishonored ; this poor woman giving so much to me.

A Lady of an honorable family in this Nation, was sorely tormented all over her body, accompanied with shaking of joints, was held sixteen weeks under no smal means, but to as smal effect ; she sends for me in great haste, she desired my help, I presented her with such things as I had, whereof my Pills was chief : The first Pill that she took, took off her great pains, and when I came there about two days after, her pains was not onely gone, but her joints lay as quietly together as my own did ; for when I first took her by the hand, her bones did start and tremble, as if they would never come near each other again ; I say no more, God wil requite every one according as his work shal be.

It also sends forth by Vomit, or otherwise, clots of blood ; breaks inward Imposthumes to astonishment, and effectually easeth pains got by Surfers, Cold, or bruises, whereby many secret and hidden griefs are cured, which otherwise could not be discovered.

A Plummers Wife in Bishopsgate-street, having five years before received some wrong in her delivery of two children, in which time of five years she was sorely afflicted with sundry griefes and pains, and fits of falling and swoounding, insomuch that

this woman was very weary of her life, and whatsoever means she used it proved uneffe-
ctual to her, but her pains and griefs did still
increase upon her; and by accident I met
with her husband at a friends house, who
speaking of his Wives misery, withal said, As
poor as he was he would give ten pounds for
his Wifes help. I replied, and asked him if he
would give ten groats: I gave him six Pills
with him, and before they were spent, shee
sent me word she was in a new world; and
that she, for ought she knew, was as well as
ever she was in all her life-time; that the Pills
thorow Gods blessing had fully freed her
from her griefs; and that they did so handle
her, that by vomit she did bring up such clods
of blood, and congealed matter, that she was
fain with her thumb and fingers to pull it out
of her mouth; and further, that they did
send forth by Urine as strange matter to
great ease and comfort, although to her great
wonder and astonishment; this woman re-
mains in health to this day, and wil not spare
to give testimony hereunto, thanks be given
to God.

Another Woman being left for a dead wo-
man, took one of my Pills, which caused her
to vomit up a pint of matter, as if it came
out of a soar, which no doubt but it did; she
sent for an able Chyrurgeon to see it, who
said,

said, it was better in her Bason then in her Breast : She kept it two days for me to see it, but I saw it not. It pleaseth God thus wonderfully to bless its use, for many grieved some years together, and cannot tell what they ail, and all that they do advise with, are in several rales concerning what they ail ; this Pill when taken, assaults it, and by the Grace of God continuing with it, if curable, doth cure it.

A very old man upward of fourscore, being very weak with losing his blood at Urine, for above three years together, meets with my Pills, presently found ease, and in a little time quite stopt his Urine of blood, and brought away by Urine abundance of Gravel, and Skins like jaggs of paper, for some time : This man hath used my Pill for this three years unto his great comfort, and at this day is very hearty, chearful, and in health, and his Urine clear as any other bodies, blessed be God, which takes away Youth, and reneweth Old Age at his good pleasure. And indeed it is wonderful to hear the happy tidings which people do bring us every day, and many who have affirmed to us, that they have sold and pawned what they had, and spent it in seeking for help, but in vain, have here either for nothing, or for a small matter, found cure, and doth fill our ears with the large acknowledgement.

ledgements of Gods good hand in blessing this Pill; and truly my spirit is much more refreshed to hear such returns, although it be not a penny advantage unto me more then the receiving of money where I have truly deserved it. Unto God alone I desire with my whole heart may be ascribed all praise and thanksgiving for all his wonderful mercies which he is pleased to shew unto the poor and needy who put their trust in him.

57 *Furthermore this Pill helpeth the French Disease (commonly called the Pox, or French Pox) if it be effectually used.*

Before I come to shew its effectual use as to this Disease, I must crave leave to speak a little, but tenderly, to two or three sorts of people; for ordinarily this Disease comes not without abundance of wickedness, and I tremble to think of it, much less to set down its cure without protesting on Gods behalf, against those accursed ways that brings men into it; and indeed were it not for the sakes of many good men and women whom I do judge in my Conscience to be chaste, and are infected through the wickedness and unfaithfulness of their yoke-fellows, I durst have said nothing of it all; and although these are but few in number comparatively, yet far be it from any honest mind to deny them help: Solomon in his Proverbs saith, *Stolen water is sweet, and bread*

bread eaten in secret is pleasant: But they consider not that death is there, & that those steps lead down to hell; and such is the abhorring of my soul against this wickedness, whereby this disease is for the most part gotten and come by, that it is a sore fear lest I should be a means to help any miscreant to sudden cure that is resolved to persevere in this abomination, and double his sins against the God of mercies; and forasmuch as the righteous judgements of God overtake the wicked, plagueing them even in the force of their lusts, shall I be an instrument of their relief yet to sin? God forbid it; but for those that truly repent, and shew it by a chaste conversation, I should think it a happiness to be a healer, an easer of the pains of all such; yea I profess my self the servant of all such: but as I said, God's just severity is most conspicuous upon these who sport, and as they imagine, pleasure themselves, striving to satisfie and fulfil (but in vain) their beastiality; and were they not left and given up of God unto a sordid slavery, unto the fulfilling the desires and lusts of their concupiscence, bond-slaves to hell and the devil, they would easily discern they labour altogether in vain; for can the Ocean, the Gulf, or Grave, say, *It is enough?* Or what man labouring to fulfil his desire, is not ten times further off by being vassalag'd more

more thereunto? Can desire be ever satiated or filled? And so always is the Quiver of an Whore, always open, and cannot be filled, but like the grave ever craves, *Give, give*; and he that is appointed to perdition, is taken by her: The wise King tells us, That *a Whore is a deep pit, and the abhorr'd of God do fall therein: A dreadful precipice!* God grant ears to hear it, while the day of hope lasteth; and it is my hope to admonish by this unto the preservation of many; and how light soever this unclean wickedness is accounted, yet let all the guilty know, their names are accounted amongst those that shall not inherit Eternal Life, but for ever receiving their portion in the blackness of darkness, from the presence of the Lord for ever. O thou Adulterer and Adulteress, would God thou couldst hear; but thou, O thou who already hast received the beginning of torment, how miserable of mankind art thou above all others! And to thy further judgement know, that when thy now rotting body is destroyed, thou again shalt receive a spirituous body, capable of bearing and receiving a flood of wrath; and as then thou hast received a body spirituous, that shall remain unto eternity; so will the vengeance of God be poured out against all ungodliness: Now thou hast but a taste, and yet O how thou roarest out as thy limbs rot; but what is
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that to that ocean or expansion of wrath prepared? Let this awaken thee, if thou be not past feeling, to break off (I say) thy sins by true and timely repentance; God Almighty open thy eyes to see thy re-doubled misery, that so thou maist enquire after mercy, then the blood of Christ will be precious unto thee; but wo is upon us, who are born in a giddy drunken age, drunk, but not with Wine. And here also I cannot get forward, but must crave leave to trace this a little, and you will be sensible that it lies concentrick with the former; and now I come to speak unto a second sort of people, amongst whom I believe there are many that have received in their souls the power of endless life; I speak of those that have shewed great zeal and forwardness in building Tabernacles for God to dwell in, who have posited into Churches, and rushed upon all Ordinances, which things are good if performed with clean hands, and pure hearts; but wo is me when I consider the works of the unwary, the headiness and presumptions of many; and in my time and observation, within these twenty five years past, having been an eye-witness of the beginning, rise, and fall of many: I cannot but speak a word (although gently) unto these, and am forced to speak it aloud, because

cause I by woful experience have found them dull of hearing; for many amongst them puffed up, have miserably fallen into this pit, many of whom I fear have not yet repented, or if they have, yet bear with me, it is not yet to me evident; sure I am, this Pit is not for Saints to fall into, nor many returns, although your way of returning is broad and easie; yet I much fear not so with God; it were wel if Justice in this case went hand in hand with Mercy, that those that sin, might be admonished, and fear, which is one principal end of re-jection; but these alas, with ease find entrance, but not so with others in other cases less material: It were wel if you were clean every whit, notwithstanding the feet must be washed, the iniquity of the heel strove against; many lift their head on high, and I pray God keep them from falling: It is a dangerous thing for men to make Idols of Ordinances, to put more in the dipping of water, then in the regenerating of the spirit; there is a golden mean, he is happy that finds it, and walks therein; there is a promised spirit to direct when we turn to the right hand, and when we turn unto the left; too too many neglect or despise visible Ordinances, and too many plant Religion in them, and in divers forms wil prepare
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Tabernacles for the God of *Israel*; but unto us there is but one God, and one Rule of Righteousness: Men wil at all rates have a covering, but the wo belongs to them that cover not by, and with his Spirit; Let me in much soberness enquire of you, (and it would be a joyful time if indeed you would consider) Whether your rash and hasty zeal, running upon Ordinances not spirited from on high, hath not been an occasion of stumbling, and of falling unto many, for having no sealing presence, but rather a barrenness which from thence as in your hands, may be called presumptuous: I say, this discovers, that men seeing no beauty to enliven them, faint: How many have you with sighs complaining, that they are filled with deadness in your assembling, but at home when they exercise their meditations on the riches of free mercy in Christ, then filled with consolation.

You may note, that at this time, and in this place, I would say no more then to awaken you to consider how you have been an occasion of stumbling to many from the aforesaid grounds; I freely spare you, coveting rather to cover, then to discover; neither would I charge all for the faults of some; but this I must say, it is like to go ill
when

when the ruling spirit is the spirit of this World, when the whole head is sick, and the heart heavy: What should I say to make you hear, and yet cover you all over with love? The Most High cover you when he maketh inquisition for blood, when his dead body shall live, when his righteousness shall arise, when he hath purged *Jerusalem* with the spirit of Judgement, and with the spirit of Burning, then will he be a defence upon all your glory, and not till then; but evident it is, your glory he stains, neither is he any defence upon it; an account must be given, *Who required these things at you hands?* When many shall say, *We have done these, and these things in thy Name;* it will be said, *I know you not;* it will be then, *Wo unto the sinners in Sion, fear shall surprize the hypocrite:* That generation of men at this time will be to seek, which say, *Stand further off, I am more holy then thou;* those I speak of, which are pure in their own eyes, and are not washed from their filchiness; those who separate themselves from those from whom Jesus Christ doth not separate himself; those who make dipping the ground of their communion, rather then union with Christ: It is a wonder to look back and consider the fiery zeal of many, and whereunto it hath tended: God grant the rest
may

may be admonished to pray and wait until the Temple be opened in heaven, and a lively Vision of the Ark of his Covenant: The presumptions of men now in this dark and smoaky day, is to be wondered at; but it is evident, no man can enter til the appointed time; and indeed it is evident, that excepting those Ordinances which are granted in common, which indeed are spirited: The other whereby they will be known and distinguished, are without life, and is in their hands a carcase. All I have to say further, is, I beseech you in the bowels of Christ Jesus, consider how far you have been an occasion of stumbling, or Womb unto the gender of this third generation of men, whereof I come now to speak; for when men (as I may say) have found little but politick workings as men, and have not either discerned that beauty as doth of good right belong unto Gospel Ordinances; or when men dishonoring God, use Gods Ordinances for earthly ends, it is just with God to give them up unto a spirit of slumber, to believe a lye, because they did not receive the truth in the love of it; nay too many designedly do get into Churches on purpose to heal their gauled consciences (little thinking what is required of them there) and shroud

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under a cloak of Religion, gain being to them godliness: Mark by how much these approach, or do essay to come up unto the Primitive Pattern; assure thy self, so much the more wil the severity of the Highest be reveal'd against thee, whose fiery eies of beauty & glory wil not bear thy hypocrisie: Remember *Ananias & Sapphira*; therefore I have observed wel what hath brought people to desire to get into this or that fellowship, whether to serve as Christ did, or to be served; to perform their own duty in humility, or only clamor upon their priviledge, for you shall perceive quickly who sent them thither. O how forward these wil be! apt of tongue, confident in opinion and fears, censorious, and this lasteth a very little while, and by and by he is beyond them, and now he is beyond the Scripture it self, and wil have it no judge of his spirit, but wil judge it by his spirit: Have I not seen these fall off by companies? What then? think not thou that I speak against the Commandments and Ordinances of the New-Testament (I had rather my tongue should be for ever cut out of my mouth) or against the Christian and Conscienceable administering the same; but this is to shew how they have been, and may be abused, in doing of which a most accursed gender of hell is born into

the World, which otherwise could not be; and I am constrained to unveil (as wisely as God enables me) this myſterie of iniquity, that you whom it concerns, may beware; and if the glory of God, nor eternal ſalvation wil not prevail, yet that long life and health of body may prevail with thee; thou maiſt know, that the higher thou arriveſt in the profeſſion of Chriſt, the fiercer will thy fall be when not ſupported: *If that light which is in thee, prove darkneſſ, how great is that darkneſſ!* And if thou be a builder, look to thy ſelf, that thy foundation be the true Rock, otherwiſe great wil thy fall be; and know, the returning evil ſpirit doth bring with him ſeven worſe then himſelf, and worſe will be thy latter end: My heart bleeds within me, when I call to mind how many great Lights or Stars have been thrown from heaven, ſaln from the Pinacle of the Temple down to hell, from moſt fiery rigidity, unto all abominations; think not that I am not unfurniſhed of a Catalogue; miſerable it is the reſt are ſo blinded as not to lay it to heart, ſo to heart as again to take up their way, and whole walk, and that with trembling, and ſet ſtraight ſteps unto their feet, leſt that that is halting be turned out of the way alſo: I will at this time abreviate this Diſcourſe for the truths

sake, which you have yet a pretence unto. I know there are a few Names amongst you which have not defiled their Garments, for their sakes I should count it a happiness to serve you. I wil conclude with a relation of one of you, vvhich I know is remembred of many of you, a fierce zealot, vvhich vvas very conformable, as indeed did exceed; and I must needs say, from one vword I once heard him speak, I had good hope that the truth had had some rooting in him, *viz. That he was so sensible of the deceitfulness of his own heart, that he durst not look upon a woman*: This man takes in that general tenet of all destruction, *viz. That the Scripture was a dead Letter*; this man, vvhith the rest of his Accomplices, vvas soon inspired from the King of Pride, that they had in themselves the Spirit, vvhcreby they know & iudg all things, and also the Scriptures themselves; so that now their Spirit shall not be iudged by the Text, but shall iudge the Text: This infallible man vvas restless, and quickly threw off all Duties both publike and private, for a season; they must not speak til their Spirit moved them; but their Spirit soon moved them to make use of, and abound in their pure, or rather impure liberty, that is, to glut and satisfie themselves in uncleanness: This Wretch being

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strong, held out some time, but abusing himself in all blasphemies, riot and excess, in due time the Rot, or the Pox overtook them; but I speak of this one man, his torments grew strong upon him, and to me (of all men) he would not come or send; what he used as means, was to vveak: And thus for a long time he lived blaspheming God, and roaring out of his torment, at last he and his Wife using the mediation of another, sent to me, I could not deny her, 58 things for her mony, he was then past coming himself; she said, his heart was as whole and as sound as ever, and that he vwould eat as good a meals meat as ever, and digest it as wel; but except he had one of my Pills in his belly, he did lie rocking his limbs, and roaring out of his intolerable pain; and the next Week as she came to me, this Strumpet vvith impudence said, she should dye of no disease but the Pox; and her friend that came with her, told me, that as this man was sitting by himself, his Nose fell off from his face vvith meer rottenness.

I conclude vvith most serious admiration of God's righteous Judgements upon these, who in the prime of their days are taken away, and are gone unto their ovvn place for ever, to receive the fruit of their doings;

And that which doth much heighten my astonishment, is, that the highest doth so wonderfully punish this Wickedness in this life, that they live some years in bitter torment, and yet hearty and stout while they rot away by pieces, their vitals and senses quick, as I may say, as prepared of God to suffer abundance of pains while in this World. And before I come to give you the way of cure of this ugly Disease, I must
 & crave leave to speak to this third sort of people, commonly called *Ranters*, for so they are; and these are of two sorts, the one like unto this that I have named, and the other (which is the worse and more dangerous) hold yet in appearance somewhat of preaching and prayer, & would be thought to excel all others in spirituals: I say, these are the worse; for by how much the more any thing that indeed is evil, & doth hide it self under the cloak or mantle of Religion, it is so much the more dangerous and pernicious, most apt to leaven and delude the simple minds, til they also by a smooth Satanical subtilty, are drawn in, and become hardened, and then the high Rant, or black Devil doth not at all affright them, being before-hand prepared and spirited thereunto; for the high Rant counts all illegitimate that cannot range in the depth of

of all abomination, as swear, drunk, whore
 out of measure, yea study to excel in ex-
 crations and blasphemy, and do all this
 without the least remorse, or sign of remorse:
 But this other sort for their credit sake;
 and also because of encrease of their ad-
 vantage in their Callings, and also prefer-
 ments in the Common-Wealth, will not a-
 vow this plainness, yet do account it their
 pure liberty, and that is their pure liberty
 for all of them to live, holding communi-
 ty of Women, and all to abide in their pure
Adamical freedoms, pleasing themselves in
 all things; and some of these to my own
 knowledge, who both speak, and hold, and
 practice these evils (except they belye
 themselves) are of their forwardest, and I
 think their eminentest Preachers, which
 would seem to those that hear him, as if he
 were caught up into the holy Mount, ac-
 counting themselves above all Ordinances:
 These surely are the worst sort of men that
 ever breathed upon the face of the earth,
 for these have not onely been hoisted up on
 the highest pinnacle of the Temple, but are
 miserably thrown down into hels in their
 own imagination they are far higher then
 the highest Pinnacle, conceiving themselves
 far above all instituted Ordinances, and
 do bitterly hate, despise and persecute

with a manifest wrath, all those that do in the fear of God practice, walk, and live in them, which is indeed a manifest token of their perdition; for many of them have in their own giddy-headed & unstable minds, run thorough all Religions, that they might both hate and persecute all; the God of mercy put into the hearts of our Rulers to preserve us from the rage and fury of these, whom the Apostles of Christ, *Peter* and *Jude*, doth most lively set out in their proper colours, and yet these would not be accounted to be *Ranters*, although as is said, seven-fold worse; I will here give a true relation of some passages concerning one of their chief Teachers.

A good Woman whose husband is at *Barbadoes*, having occasion of business concerning Trade in behalf of her Husband, was desired to accept of half a pint of Wine; this good Woman looking upon him to be eminent in godliness, and her self at that time stood in need of refreshing, went to the Tavern with him by and by he changed his behaviour, and shewed himself what he was, & by his light scurrilous language declared himself to be what he is, and in plain words and deeds would needs have been abusing her body; and many arguments he used to draw her thereunto, as I have

have them from her mouth, *That she was sick for want of a man, and why should she not use her liberty? and for his part, he knew if his wife looked on, she would not be offended with it; nay further, that it was his salvation, that he had done it, his wife looking on, and that if he had not used his liberty, his purer liberty, (as he called it) he had been dead long ago; and named other persons, some of great quality, that Husband & Wife gave each other liberty, and with his might inveighed against Ordinances; and refusing him in his filthiness, he called her Whore, and much to that purpose, for submitting her self to forms, as he called them. The relation of his beastliness expressed by him, I was ashamed to hear, and cannot write; but he highly commended the beastly openness and nakedness of the Moors and Heathen in the Indies; that they were without shame, he esteemed it a high virtue which did excel us here. This filthy man, or man of filthiness, without shame, after God had delivered this Woman out of his hand for that time, yet was set on again and again by him, and when he saw that he could not draw her unto his filthy lust, then enquired if she had told any body; but if she had, yet it was not matter of shame unto him; and indeed I think I should have done good service to*

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the Nation, if I had here named him; its pity all such have not a brand on their fore-head, that they may be known who they belong unto: I speak with grief of heart, I have known this Varlet, this worst of men, I say, I have known him a giddy professor of Religion above these twenty years; & I have heard him my self when we have been speaking of the Scripture; for he asked me seriously if I did use to read them: I told him, yea with joy and gladness, and they were to me more then my life; he replied, so could not he, neither did he read any Book, he hearkened onely to the voice of the Spirit within him, and that while he made conscience of reading and expounding of Scripture, and of family-duty, and going to hear Sermons, and repeat them, he all that time was without peace; but now he had not for some years done any of those things, and that he was at rest in himself.

I have in all this spoke the least of this vile person, and you may by him truly take a view of the rest of that fraternity, what they are, and where they wil center. I hope this Relation wil be matter of caution to many, not alwayes to credit or be too apt to give heed unto the smooth delusive tongues of men; these study to obtain hardness

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ness of heart, impudency of face, that they might commit wickedness with greediness; and therefore do deride at the torments of hell: Nay one of this company hath put out a Book in print, wherein he doth avow there is no hell but what is in a man's self; so that by their Doctrines, if they can but stifle their own consciences, they have freedom, and sin is no sin; for so they affirm: My soul is pained within me when I think of these, and of the just vengeance prepared of God for these who do withhold the truth by their unrighteousness: O wretched and most miserable of mankind! How is it that Satan hath thus filled your hearts, and the filth of your flesh thus deluded you? You begun well, who hath hurt you? What hath Christ Jesus and his Gospel of peace done unto you? How is it that you will be made perfect in the flesh? What good things have you found in yourselves, that comparing your selves; with your selves, you now worship your selves, nay, your accursed lusts and beastliness? How is it imaginable that man (indu'd with common reason) should thus be seduced; I know there is not one of you but do feel the flashings of fire in your consciences; What wil you do when you shall appear, with your works following after you, when
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God that cannot lye, wil set your sins before your face? I know you labour to stifle such thoughts as these: O, beasts of men! O most devillish whilst men! How is your vengeance heightning! Have you professed the fear of God, many of you, to end in this cursed Apostacy, for whom the blackness of darkness is reserved forever! O that there were thoughts of returning in you! Hell beneath hath enlarged herself to receive and meet you at your coming. O miscreant of man! how long dost thou think to wallow in thy lusts, serving evil concupiscence, drinking iniquity like water, made fat for slaughter? I ask whether these be not they for whom supplication is not to be made? Alas! alas! my heart bleedeth within me, when I consider that some of you have not onely professed the Name of Christ long, but also suffered both imprisonment, and fled into far Countreys out of a zeal for his Name, and now have spew'd up all at once, and returned unto your old lusts: (from which you were purged) as a dog unto his vomit, or a sow that was washed, unto her wallowing in the mire, receiving the just recompence of your error, *viz.* seven hellish spirits far more worse then the first, that you might fall into the damnation of hell, and be damn-

damned together, even the condemnation of the Devil: Be not deceived, God is not mocked, as a man soweth, so shall he reap; and of these I speak aloud, expecting nothing but Plague and Pox to follow them, the reward of their labour: I know it boils amongst them already.

I know some will wonder why I have spoken so much of these, and of this disease: and why I have spoken unto good people with these, therefore this thou must know. First, I speak unto all men and all sorts and ranks of men to admonish them all. Secondly, a clean heart is not hurt nor will be offended at any thing I have said. And thirdly, I could not break this order with the discharge of my conscience. And fourthly, without this that I have said both in whole and in part, I durst not give thee the true & clear way of cure of this detestable disease, & also the difference 'twixt this disease and most other, because that this is not had usually without abundance of wickedness and sin; first against God; secondly against thy one body which ought to be the Temple of God, preserved in holiness unto him, and not given unto an harlot; thirdly against thy relations, who hath power over thy body, but other diseases which are common to man, proceed from

from sundry other causes which is not in themselves sinful, and for these causes I have thus spoken, and hope thereby to be an instrument in the hand of God to pull some poor soul or other out of the fire; and indeed (as I said at first) had it not been for the sakes of some who are clean, but beset with some such beast or bruit of mankind which hath polluted them, I should have said nothing at all of this disease; but I do judge it much better, that many of the worst partake of the blessing with the best, then that one of the best should languish in the torture of the worst; and therefore I do set down the most safest way, speediest, cheapest and freest of pain and torture, I verily believe that is in the world.

- 59 *Rec.* Take two ounces of my Pill, and lay it thin upon a well glazed dish, set it to dry but not in the Sun, and it will quickly be fit to bring to powder, drive it thorow a Lawn or Hair Sieve, put this powder into one quart of White-wine, or that which is better, *viz.* make a Lixivium or stronge lye of *Chalkes vive*, or White-lime, for this is most stately and operates very potently both by sweat and Urin, as is much proved every day, and is (although despised) a great blessing; and moreover I assure thee from knowledge is chief with some as universal,

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who have a vulgar fame in Physick; use which thou wilt, I do by experience commend this last to excell: let this be done in a glass bottle, shake it oft, and in twenty four hours it will be fit to use, but longer is better; dispose thy self apart if thou wouldst suddenly be well, and thy illness require thee, and have warm accommodation, and a good tender and carefull nurse, eat and drink the best that can be got for money, and always have ready good wine and strong-water by thee, because of a suddain a windy fainting will come upon thee, and a suddain gone, at such a time a spoonfull of good cordial water is necessary for thee; see that thou sweat by day and not in the night, when thou maist have good tendance; sweat not with this extract, but every other day, and then do it to purpose as thou findest thy strength; if thou beest of a middle strength, the first time begin with six spoonful in six spoonful of White-wine, and then observe by that how thou doest bear it, and increase accordingly: so also in all cases begin with little enough and come on with discretion; but know in this disease thou must charge home, to the end it may accomplish thy desire, and at once as it were it whirles all thy disease into thy skin, superficies, or most extrem parts; and

and in the other night the day that thou doest not sweat thy greatest sweat, take at night a good Pill of 16 or 20 grains if thou findest thou art able to bear it, and that will maintain and keep what the other hath gotten, for thou must know that thou dost take the strength of 8. or 10. Pills, when thou dost take the extract thereof, for thou art not able to bear his earthly body, it would suffocate thee, but being onely his more subtile and spirituouse part, it vvorks safe and miraculous, not only in this disease but in many or all other diseases; and vvhen thou hast it all in thy skin, fear not, but go on the same vvay, and if any part break and run, fear it not, it will not fail thee; if thou do not neglect thy self, but it will both throw all out, and heal it when it is out, as thou maist perceive by the instances set down in this Book; onely use thy self to great carefulness in the time of thy cure, and always sweat, and be hot til thou art vvell, for there is no danger but in taking cold, vvhich thou maist easily prevent if thou be careful of thy self, and follow vvhile thou art in the vvay, and all vvill be done at an easie rate; for I have deserved twenty pounds, when I have not had twenty shillings; I never undertook any cure in my life, nor never mean to do, yet have helped many at small rates, at ten shillings,

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at five shillings; the most that ever I had of any, was three pounds five shillings for my things onely, and I think a notabler cure is seldom done, as some of good quality can bear testimony.

A young woman comes to me pained in her 60
throat, head and bowels, of this disease, as all supposed, and she her self did much fear, because her Husbands first Wife was noted for a light Huswife; this good Woman almost killed her self with grief, and for two years ran up and down amongst Doctors and Chirurgions, but in vain; and the Chirurgion made holes in her throat by lancing it, and such like foolish things: At last she comes to me, and I gave her of these Pills, & by that time she had spent one shilling, she told me she was as well as ever she was in her life; & I am confident in three years time I did not take five shillings of her money, but she continues in perfect health, I could not have believed it, till time had made it evident.

Cures some kind of Gouts, easeth the most malign, brings the Patient into quiet rest. 61

A Woman lame eight years of a Gout, which did disable her in all her limbs, that she could neither stir hand nor foot; when she sent to me, her Joynts was very much knotted: The first Pill she took, being in a kindly sweat, both she and her Husband told me this

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story: She began to stir her fingers, which was very strange to her; and a while after she could get her hands unto her mouth; to be short, in three days time she could go about her Chamber, which she could not do in two years before that time.

A Gentlewoman removing her dwelling into *Limestreet*, got an extream cold and Surfeit, as she doth report, I do suspect it to be otherwise; however so it was, that she could neither stir hand nor foot, but was perfectly useless to her self, only as by main strength of two or three, which was always ready, did lift her, and this uselessness of Limbs, accompanied with extream pains: This Woman in a matter of three Weeks time, using only my Pills, although it was cold weather, was perfectly well unto all demonstrations, and I by accident saw her go along the street; and truly although an ancient woman, yet she did hold up her head, and went as straight and as nimbly a good lusty pace, as any young woman whatever; and although she sent me word she was well, yet it was far from me to think she had been so well, and that in frosty weather. It is to be noted, when I sometimes say, they have nothing but my Pill, I do include the extract of my Pill, and also the Oyl of Amber, with which oft times I do anoint, and all is but my Pill.

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A woman in *St. Johns-street* was so sorely afflicted with the Gout and Sciatica, that in her extremity she did roar out in such a hideous manner, as did much disquiet the neighbours, and no ease or cure could be attained; her husband came to me with such pitiful moan for his Wife, as did much exceed: I was much troubled for him, and gave him of my Pills, and sent him away, and told him that by that time the Pills were warm in her breast, that she would have ease, and her pains would cease, and that she would go to rest: He did as I ordered him, and when he came again he said, That by that time his Wife had taken a Pill, in one quarter of an hour she did find such ease as if she had been in heaven: And truly this man in the name of his Wife did so load me with thanks, as if I had done it. I bless and praise the God of heaven, who hath saved my life, and brought me through great pains and sickness for this happy end, even to be a poor Instrument in his hand for ease and refreshing of many. And further, as I take it, about three Weeks or a Month, I am not certain which, this woman came from *S. Johns Street* unto the *Tower* to me, to fetch for her self more Pills.

A little boy having four of his fingers cut off by that disease called the *Kings-Evil*, and the place where his fingers was cut off, did al-

ways stand with a drop of water upon them; but next day after the taking the first Pill, there was no drop of water as formerly; at which the Parents did much wonder: And the Boy grew extream quick and lively in whatever he did, that they were very sensible of his real benefit.

63 Another Boy lame of his Limbs and feet from a Child; so that he could not go to School, nor hold a Pen in his hand, and by that time he had taken three of my Pills, he was grown so strong, that he ran up a pair of stairs before me, and I made him hold a Tobacco-Pipe in form of a Pen, and he then held it as steadily as I, or any in the room could do, which indeed was far more then was to have been expected in so short a time.

64 And many that have been troubled with one Arm shorter then another, and with great pains in particular Joynts, this Pill through God's goodness hath proved ready help unto them.

65 An old man belonging unto the *Charter-house*, many years troubled with Ptsick, straitness of breath, that with great difficulty he went about; also one arm begun to shrink and grow stiff, so that he could not make use of his pocket, as formerly he had done; with a little use of my Pill did receive his breath at length, and his Arm at length also: And as

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he and I were going together along the Walk before the Charter-house, said he to me, *Look you how I go, and what a pace I go, I could not have done so before I took your Pills, but I must have stood and gaped like a Camelion, for breath, I do not know how oft, in going the length of this Walk.*

A vertuous Gentlewoman of good note, 66 and my very good friend, whom it hath pleased God to visit with much sicknels for a great many years, and now lately it fell out to be very sore in her head; this Gentlewoman having made use of the ablest Doctors, but her grief could not be helpt; insomuch that this good woman was almost in despair; did much fear her senses, and all that could be done, could not bring her head to purge, until she met with my Pills, which did most powerfully accomlish her desire, and did set her head a purging at her ear, and shortly very sweetly cured it, to her exceeding great joy and comfort, with the joy of her family.

A Gentlewoman that liveth at *Westminster*, 67 that well knew the use and worth of my Pills, went with some other Gentlewomen to *Bar-net*, where she drank water in abundance, but without judgement; she presently fell into an extream scouring; she sends with what haste could be, to me for half an ounce of my Pills, the use and virtue of which she very well knew;

knew; but before they could come at her, she was far spent, and had entertained a Doctor, whose advice she was forced to follow, such was her weakness of a sudden; but so it was, that this lusty young Gentlewoman in a matter of six or seven days, was brought home in a Horse-Litter hard put to it for life: This Gentlewoman lay under the Doctors hands for two Months, and was brought unto such extream weakness as is not fit for me to relate, nothing but death expected, all this while my Pills was too slow for them, and the Gentlewoman had abundance of other things forced on her, but in vain: At last she beseeched her Husband if he loved her, to send for me, otherwise she was a dead woman, pleading her conformity to him in using all the while what means he and their friends thought good: This Gentleman being touched with pity to her, at her request sends a Letter to the Tower, but I was in the Countrey, and he straight sends a Letter unto *Warr* for, where I was; and I not hearing any thing from the time her Messenger came unto me from *Barnet*, much wondered that she should suffer so long sickness, and I not hear thereof: At my coming she was glad, and I was much surprized, to see so stout and lusty a woman so strangely reduced to nothing, in so much, as had it not been that I was sent for in

in her name, I could not have known her: I took with me my Pills and Antidote, I gave her two spoonfuls of my Antidote, which did answer my expectation, for it put her into a breathing sweat, and also she slept a matter of four hours; I stirred not my foot till (through the blessing of God) I had very good signs of her recovery; but when I saw the surly behaviour of all, as well the servants as kindred, through the whole Family, I did not wonder I was not called sooner. the Gentleman himself I never saw all the time of the cure; the Gentlewoman could trust no creature with my things; I was fain to give with my own hands as much as possibly my business would permit, till the Gentlewoman got strength, and kept the Pills always about her, and had regard to her self; it was an unusual time before this Gentlewoman could get abroad; the reason all may discern, was the with-holding from her that which did her good, and instead of it, give her that which did no good; and she being of a good nature, in this case proved to her great hurt: but blessed be God; she soon did attain health, and so remains, using my Pills now and then to keep her in health, as she has occasion.

For Small-Pox, which generally doth light 68
on children and young people, this I say upon
good experience; that my Pill is always good

and profitable whensoever it is taken, at any time of the disease, either in the beginning of them, or the middle of them, or the latter end of them; it can never be taken a-miss, except you give such a doſſe as is not proper for them that take it; for it always strengthens the vital ſpirits, cleaſeth the blood, and fortifies the heart; and if the Small-Pox be ſtruck in again, this Pill doth ſorthwith throw them out again with great ſafety, as we have much experience hereof; but if it be taken before they appear, that nature be able, it will relieve them by working the Surſeit out by vomit, or by ſiege, or ſweat, or urine; all the ways that nature hath to friend; but if the Surſeit hath got ſtrength enough that they cannot be prevented, then doth it throw them out in a moſt gallant eaſie manner, ſo that the Patient being freed of all Feveriſh ſymptoms, and always lying in a breathing ſweat, is ſo ſweetly diſpoſed, as he doth hardly fail of a meals meat all the time he hath them upon him, but ſuddenly will recover with great ſtrength and freedom.

A laſty young man having got many Surſeits one upon another; felt himſelf not well for two or three dayes together; but not knowing what ſickneſs was, would not yeild unto it while he was able to hold up his head, and being in my company, much complained

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how ill he was, and that he doubted he should be able to hold up his head no longer : I gave him presently a little Pill about four grains, which now he is wel, one six fold so big would hardly stir him; but as soon as it was wel down his throat, he fel into a vomiting with extream violence; I could tell him his breast was full of poison; but what was the matter further with him, I did not know : For the present he had some ease after his vomiting; I gave him a Pill at least 18 grains, to take when he went to bed, which he did, and that in like sort set him a vomiting most of that night, and most of the next day ; it also purged his gall of divers colours ; but the Woman where he lay would let him take no more, the two that I left for him, she threw them in the fire, and cryes out against my Pills for making him sick ; but that night the *Small-Pox* appeared all over his skin, and being over-ruled, was not so happy as to continue with my Pills, which had drove them from his heart into his skin, and for want of more, the Disease grew extreamly upon him, and he all over covered with them, and in Flux extreamly, and was for a time stark distracted, and talked idle of he knew not what; they employed two called Doctors, but to no purpose; indeed it was beyond all mens judgment that he should escape with life ; but as soon as he was master
of

of himself, he called for more of my Pills, which he had; but did not vomit any more. He saith, and I believe wil say while he liveth, That nothing that ever he took did him any good but my Pills, vvhich did free his heart of them, and as means did save his life, vvhich is undonbtedly true; and I am confident if they had been given to have seconded that vvhich I did give him, his sickness vvhould not have been above the tenth of vvhhat it vvas; for such is our experience, that if it cannot altogether prevent them, yet it doth so dispose them, that they are not like the Disease; for some that in reason vvhould have been as bad as any, yet by their constant and thorough use of my Pills all the time of their being ill, have hardly missed one meals meat, but quickly vvvith strength and vigor have been restored.

*It helpeth the shaking and trembling of the
69 Joynts, strengtheneth the brain, and encreaseth me-
mory,*

I have already spoke enough of the Palsie, or shaking of the Joynts, and for strengthening of the brain and memory; I say, I am through God's rich mercy and goodness a living monument and testimony of his true vertue, power and effect; for they are at this day far better then when I vvas but seventeen years old, and my sight as good as ever
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since I had them for any thing I can perceive;
 & that is as good as any I think in the world;
 and although there is a sleepiness or dulness ⁷⁰
 the next day in many that takes it, which
 is not used to it, they find it seldom so
 the third day; but instead of heaviness, all
 for the most part do finde a wonderfull
 lightness of heart and chearfulness of body
 all over, that they think themselves as if they
 were in a new world, and yet it must be
 granted that if any ones grief lies in their
 head, that then it will be nimble and acute
 both to search it out and help it if it please
 God to permit; for it is evident it works
 most where most cause is; many again do
 finde it fully to answer their expectation,
 and yet never finde it to work in their
 heads at all, although they have taken it in
 great quanticy; and let a thousand take it,
 and they will all tell of several effects as e-
 very one differs in one kinde or other; also
 their ailes and their different judgments
 upon those ailes: for very well we know, let
 all speak and judge as they will, that the
 whole of it to all intents and purposes in
 all the operations of it, is to strengthen and
 fortifie nature from head to heele, and many
 which have and do take much of it have
 confidently supposed, that I have not made
 it so good at one time as at another, because
 they

they finde oft-times contrary effects and operations, as sometimes to be dry, sometimes not, and sometimes sweat much, and sometimes not at all, and sometimes break wind much, and sometimes not at all; and so in many other cases it is indeed daily evidenced; for (as is said) as a mans ailes are, so will it work; it is they that alter, the Pill is the same. Note therefore, that you may know I cannot make such alterations in the making of it, because I do give none but what took his beginning three years and upward ago; yet I must confels it is wonderfull to observe, that sometimes it will have a double effect to what it will have at another time, as in cases of Colds and Surfeits and the like, or some evil quality is gotten in the stomach, it will abide no such thing, but will assault that that assaults nature whatever it be.

71 *Revives and comforts the heart.*

The like reviver, I think for a creature of God, I do from my heart believe, and by experience I finde (as much occasion as I have had in the world) the world never enjoyed the like with it; and let me now blefs and praise the most High, who onely beareth rule in heaven above and in the earth beneath; the time has been, and that a long and tedious time to me many years together,

together, I have been so oppressed and loaden with pains add feebleness of heart, as if I always carried a quarter of an hundred weight perpetually in my chest or brest, and I went always as if loaden, that it hath made me make a wrinckled face to stir out of my way to give place either to Horse or Cart, as for men I always would be sure to give them room enough ; I ever going with pain and anguish, and full of sighing ; and truly, although I was poor, yet was I then filled with such pain, as I should hardly have stooped to have took up a penny ; but now through mercy (that which is true will hardly be credited) I finde my self set at liberty, that to my own feeling I do not weigh upon my shoos, as I go up and down, not one bunce, my heart is so light, freed from all oppression, my body so clean and nimble ; and whereas I was grown stiff, that I did sensibly perceive that thorough much weakness I began to stride short, now my leggs are at liberty, that to my thinking I can never tread wide enough ; and at this instant of writing, I took my right foot in my right hand, and did lift my heel to my mouth without the help of the other hand, and all over my whole man without any exception ; God by this Pill hath thus renewed me, I do with joy and laughter give
my

my enemies leave to charm against my Pills, what is spoke is no fable, it is apparently discernable, especially of all those that in times past did know me, and many with me, who with weakness and old age have strided short and narrow, their silver cords as it were, tyed together, so that they stride little, and that with staggering, have received their legs again with the use of this Pill, and are amongst us which bear testimony, who themselves are fetcht off their languishing beds, and enjoy their limbs with comfort.

72 *In women it brings them to due Courses, whether they want or abound.*

So is our experience for the most part, and this may be easily discerned for opening all obstructions.

One Maid of about twenty eight years of age, being obstructed about five or six years, insomuch as she grew very diseased, and troubled with strange fits, and one of her legs grew as bigg as three leggs, and did also break and run; this Maid was weary of her life, her racking pains was such, as she did roar out in such hideous manner, as was sore oppressive unto her friends, help she could get none; she meets with my Pills, and over charging her self, threw them away as being afraid of them, that which she had

had taken working a little higher then she would have had it; about a year after she comes to me with her sister, and makes lamentable complaint, and shewed me her leg with stinking ulcers in it; she followed my Pill with more discretion then at first, it was not above a Month but it freed her of all her fits, brought her into an orderly and monthly Flux, took down her leg, and made it no bigger then the other, and healed the Ulcers; she enjoyed so much health, as she marries a Husband, and lived comfortably with him, and buried him, and married another, all this to my knowledge; and what is become of her now, I know not. These Confirmations I do not want; neither do I wish any man more harm to himself then to think so ill of my Pills, as not to use it in his need; but for me, the Master that I have always served hath confirmed his mercy in blessing it to me, and to many; unto him alone be all the praise and honor, for ever, Amen.

It is present help for any Flux or Scowring of blood, or otherwise, and stops them incontinently. 73

Although it be the Gonorrhea, or Running of the Reins, or Issue of Blood, either at Urine, or at Fundament, or any other Flux or Scowring, it is the most sovereign help (I think) in the world; for if
need

need be, it wil as wel purge as bind, and is frequently proved; but it wil over-rule the grief, and stop it by degrees, as may be for the
 74 Patients advantage: & if this Pill be laid open upon a wel glazed Dish, and dried and mixed in Conserve of red Roses, it is very proper on this occasion; and this hath helped when *Crocus Martis* would do nothing, nor the Sugar of *Saturn*, all which are as forcible almost as Art, I have proved it; for if these have stopped, they have thrown the Patient into intollerable pains and rackings, besides Feaver; but this so pleasantly, so gently and sweetly, that it is the desire and joy of the Patient to have a Pill in his belly:

75 A lusty man, a Trumpeter, who had been at the *East-Indies*, brought such a Flux home with him, that could not be staid by what means soever could be used to that end, and his weakness is not to be credited, and yet lives; and after he came home in this condition, it was one year and an half, or two years, before he applyed himself unto my Pill; and although his constant manner was to purge six or eight times in the night, the first Pill stopped him, and eased him, and that in a wonderful manner. I shall not want the benefit of this mans prayers while he and I do live together; and as is said, my Pill did not violently stop him, but by degrees naturally; and when
 through

through impatience he had got some violent
 stringer, as those above, he was all torn in
 his Limbs, and glad to take my Pill to with-
 stand their force: But because this fiery *Acri-*
mony had cut asunder all retention through
 length of time, his water for the most part
 going that vway, I for my part did despair of
 his cure; for he would even have affrighted
 one to behold him: Yet it hath pleased God
 to be so favourable unto this poor man, as
 that he is now in health, and did since found
 a Trumpet in Col. *Rich's* Regiment; and who
 list to speak with him, shal hear much more
 then I have said, to Gods glory, and your
 wonder, whether friend or enemy. I see the
 blessing of God which he hath afforded unto
 poor people, for they wil come and ask, and
 find help; this is Gods blessing: The rich oft
 ask, and pay large, and go without help; this
 is a sore evil under the sun: Some cryes out⁷⁶
 against it as a great binder or shutter up of
 their bodies; if it be so to any, I am sure it is
 to their great benefit, in taking off from
 them windiness, also feverishness, or those o-
 ther distempers they take them for: I am
 also sure, that there is not one in an hundred
 (but that although it doth bind them a little
 at the beginning) but that they find it to
 purge at the latter end: I do grant some bo-
 dies to be drier then others, and for these

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(when they have a necessity to use it by reason of weaknes) let them use it with Symples of Roses in such quantity as doth make it friendly with them; or that which is for some better, take equal parts of Scamony, called *Diagradinus*, or make it so as to suit their constitutions, but in this matter not to do it but with good advice, and that there do appear an apparent necessity for it; it wil frequently astringe for threer, four, or five days, and afterwards keep you loose while you take it, if the cause continue for which you take it, you may thus deal with it; otherwise if you have need of it in its strength, then suffer it to follow its own law, and you wil not repent your self, be of what temper you wil; there are some such whom it hath purged most of all, which otherwise have been most astringent; no man knoweth how it wil work with him, till he hath proved it: I my self have gone four or five days without any stool, and have wondered what would become of all I have put into my belly; for I did eat my meat all that time as heartily as ever I did in my life, and was as well indeed, I may say in a new World; for it was at first when I took it; and all that time I did break wind freely, neither had I the least fumes or swelling, or any thing like unto oppression, nor any heats, which made me wonder; and indeed
may,

ay; for it is much against common experi-
 ence; nay further, all that four or five days
 I could have laid my belly to my back, so free
 was I from any kind of swelling; then at four
 or five days end (I confess I have forgot whe-
 ther) all went in a light stool, which did lie a-
 bove like a Cork; and after that it did ever
 bring my belly to an orderly course once eve-
 ry day, and rather purgative; and so I re-
 main with much help through the blessing of
 God, and can make my self purge when I wil
 with pleasure: But I dare not purge, all is
 well, I have no need; this Pill always doth, as I
 may say, watch over me, and oft doth find
 matter sometimes to purge by siege, and some-
 times by urine, and sometimes by sweat: I do
 observe these changes, but the reason and
 cause of it I do not understand; I know my
 Pill is the same; but change of all things with
 me, doth sometimes work a change in my
 Pills operation: It is for the most part a con-
 stant rule with my Pill to purge men or wo-
 men of gross corpulent bodies; but people
 of spare and thin bodies, not so: If any by
 good experience do find that it doth bind
 them, and that also they find that that bind-
 ing is indeed hurtful above that which is ima-
 ginary; for I know many complain for no
 cause, but that their cullom is broke, and that
 it doth not follow the order as they would

have it; but I say, if it do in this case offend, a Clister then may be necessary for them; only this you must observe either in Clister or purging-Physick, to keep as far off the taking of the Pill, as you can, lest it should not suffer the potion to work, that is, take the purging Physick at least two or three days after the Pill is taken, or else you may expect that the potion wil not work; for you must know, that the purging quality in the potion is from a poisonous quality, otherwise it could not purge; and that quality my Pill doth so perfectly correct, as you may expect it do nothing: But I do much rather wish you, if there be cause indeed, then to use a safe Clister of Milk from the Cow, and Sugar onely, which wil produce no evil effects. You may note, that as its correction is less, so its force is less; therefore if you with the Pill add a purger, as Scamony or Sirrup of Roses, or some other, it may be it may suit your body. And all this Discourse is to please thee, as if I were a single person, and is endued with good wil, and hath need of it; but I do certainly know, the poise of Nature is most happy and blessed for man, for the generality of them, and therefore cannot be altered; and if thou dost know it, as it may be hereafter thou maist, thou wilt see nothing in it can be wanting, and also that additions would be vain.

yet for thy sake I have spoken, if it so fall out
 that the disposition of thy body should so far
 differ from others : I observe the general
 opinion of all, that is, if they be not in good
 order as you call it, then do they cry out of
 fumes, and it may be pains in their head; and
 I grant that usually it is so where this Pill is
 not; but I assure you, where this Pill is, is the
 clean contrary; for although they go not to
 stool for six or eight days, yet all that time
 there is no vapors nor fumes nor in one of a
 hundred; I confess if any wil strive through
 ill decorum towards themselves, and tempte
 God; it is just these should be answered ac-
 cordingly. It is further for these to note that
 if they take this Pill, and let it come to pow-
 der out of the Sun, (as that it will soon be)
 and then beat it to fine powder, and infuse it
 in White Wine, and so drink the extract of
 it, that then it doth not astringe the half as
 it doth when you take the *Terra* with it, and
 you will also find it more Spirituous in effect:
 Such as have no need of it, may at a cheap
 rate let it alone; but again, those that have
 need of it, had best be wel advised how they
 neglect it for small and impertinent matters:
 We have experience enough of its just power
 to be both to bind and to loose according
 unto Natures Law; thou that snuffelt
 at it because thou hast took two, or it may be

but one, it may be by fits more; do thou know, if thou wilt use it and grow friendly with it, thou wilt finde a contrary effect in its working; for it will now bind, and by and by purge.

- 78 *It strengthens and opens the Spleen, and tears away wind in an incredible manner.*

This is the constant experience of all that take it, and I think not one of an hundred but will acknowledge it; but by my own experience I do add further, that although I have not been made sensible of a violent breaking of wind downward, yet before morning I have found all oppression gone, my self set free and lightsome, and I have not known which way, but my reason tells me, that lying in a gentle breathing sweat, the Pores of my body being thereby all set open, wind hath thereby found secret and insensible passage, and sometimes I have sensibly perceived it to go by Urin, but his ordinary working is mightily downward, as all in general finde it to do.

- 79 *Drieth up Hydropical humors.*

Things not to be credited it hath done in this distemper.

An ancient man troubled with this distemper, took it but in reasonable doses for one month together, the weather indeed was warm, it did sweat him, as he told me,

every

every night so mightily, that his maide said
it went thorough the Feather-bed whereon
he lay every night, and wrought as strongly
by Urin; and I do protest this man at
the months end vvas fresher and faire, and
stronger to his labor, then vwhen I began
with him, and is at this instant in good
health, and this vvas three years agoe
from this present vvriting.

I shall vvrite here a strange and vvonder-
full, but accidental cure, I think, as hath
been heard of in this age: A young wo-
man having languished for a long time un-
der very many diseases, the worst that usu-
ally may attend an honest womans body, as
the Dropfie, Stone, Consumption or Ti-
lick, shortness of Breath, sore fits of the Mo-
ther, Jaundice, as I did clearly see by her
eyes, this woman having spent much for a
long time but in vain, she grew worse and
worse, and did despair of help in this
world, she was scarcely able to stand or
breathe; at the entreaty of good women
of our country I went to see her, she being
born within a mile where I was, I should
hardly have gone to her but we were School-
fellows at *Nottingham*, I found her in this
sad condition; I durst promise nothing
more then this, If I did her no good I would
do her no harm: I made her five or six smal 80

Pills, with order to drink White-wine after them, and to take each night one, and she liked them, so let me hear from her, she accordingly takes them, the third day her husband comes to me with words of wonder and abundance of thanks, and told me that his wife was finely recovered, that she had breath in good length and order, and slept well, and began to eat, and that he had brought some of the Stones which she voided with him to shew me; and (said he) what shall I say? your Pills have done more then possibly might have been imagined: I praised God with him; he took half an ounce of my Pills more with him; and because of the fits of the Mother, I willed him to take half an ounce of my Oyl of Amber, and give her three drops in a Spoonful of White-wine, and then drink a glass full of White-wine after it: he went home, and the next morning gives her two Spoonfuls of this Oyle; the woman faints with heat, as needs she must, her heart being suffocated with fire, and the next morning he gives her the rest of the half ounce, so that he gave her as much at twice as should have served two hundred times, or near it: it is indeed a miracle that this woman was not destroyed, but (orderly taken) a better thing could not have been given to have helped and assisted her Pills against those fits

of

of the Mother: this woman receiving this half ounce into her body, extremely fainted: her husband comes not to me, but runs unto a wise Doctor which could not see the power of Oyle of Amber, but clatters hard against me and my Pills, but would give her nothing, but plentifully bestowed the Gallows upon me for killing her, and without shame (as a man that had but one ear, never searching the truth) meeting me, and near before a dozen people which stood by, charged me with killing this woman, & before them all threatned me with holding up my hand at the Bar: I gave him not a word, it was neither time nor place, but lifted up my heart to God, knowing my own innocency, and was sorry he should do himself so much wrong, and of all men living I had deserved better things at his hand; I did wonder to hear this charge, for I had not heard one word, neither did I, but what came from him till three moneths after; it pleased God that with what good this woman had received from the Pills she took before (for this Doctor did so fright them, that they thought it was my Pills that wrought so with her as that she took no more; I say) altogether proved happy for the woman, for at once she was released of all her diseases, and being well and about
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the street, an ancient Gentlewoman, *Mistress Tichin* in *Bedlam*, calls to her and said; You but the other day as it were was ill of many diseases, and now you are so well of a sudden; you have got one good Medicine or other, I pray you let me have some of it: she replied, That she had a Country-man at the Tower gave Pills, and that they had cured her, but they had like to have killed her, and that she had the rest of them at home, but durst not take any more of them: Come (said *Mistress Tichin*) give them me, I will take them; which she did, and when she had spent them, she calls to her and told her that she must bring her to the man, for she must have more of those Pills; and this was near three months before either I or the woman did know what it was that did hurt her. This ancient Gentlewoman with my Country-woman comes to my house, I not being at home, this woman asked for the Oil I sent her to take by Spoonfuls; my maid told her I had no Oil I gave by Spoonfuls; I had indeed an Antidote which I did give in Spoonfuls: to be short, this woman soon found the Bottle by its scent, and so she and we came to know how she came well as God hath ordered it; and she hath remained well for this two years, if not more, and hath born a childe or two since: this is a true and faithful relation to the best of my remembrance

membrance; as I have from their own mouths, and thanks be to God who hath kept me and will keep me in his way, notwithstanding the envy and rage of my enemies, so that through mercy I care not for it; yet notwithstanding this Doctor in the fury of his malice hath took off those good women, and not a few more from the use of my Pill, which I know well will all turn to his perpetual shame. I pray God forgive him with my whole heart, I am taught by him to take heed of making men idols.

*In fine, I know no disease that it doth not either 81
perfectly ease, or perfectly cure:*

Although this Bill hath now been made publick above this four years, and I had both reason and experience then enough to avouch it in my conscience before Almighty God, and experience enough to avouch it before men; there hath been added ever since a daily load of experiences, which (as a cloud of witnesses) confirm what I have published; for such are indeed the wonders of God dayly brought to our ears, some of which I have indeed related unto you, and indeed (as I may say) the happy returns of prayer in the administering of this Pill doth abundantly balance the bitterness of envy, and the false lies and forgeries of the wilful-ignorant, and by the constant meetings
toget-

together of a catalogue of mercies upon mercies, all of them pleading my just cause against the proudest contemners; I do therefore with joy submit to reproach, knowing that reproach shall be the portion of the happy in this life, and if the Lord whom I serve did not by his constant presence and blessing upon my labor give vigor and life unto my just and honest endeavor for the good of mankind, I should have been charmed and frightened off from this my employment the Highest hath called me unto; but putting my trust in him, shall proceed in his name with joy, fear, love, and trembling, not doubting but he that is able to keep that which in his name I have committed unto him, who hath and doth keep me in all my waies, will never fail me of his blessed protection and assistance in wel-doing; and such hath been my care and indulgence towards all always, that except people desperately presumptions both to abuse themselves and me, they cannot likely hurt themselves: and while I am now writing, I will give an instance or two which comes
82 into my minde, which will make good what I now drive at. A woman a Nurse-keeper comes to us for one quarter of an ounce of my Pills, which my wife weighed her; another staying for another, she having her
own,

own, catcht up the other out of the scale and popt it into her mouth and swallowed it all at once, and away she goes; *I* had a friend with me by the fire-side, my wife being frightened, cryed out, the woman would kill her self, we wondred to see her skip away so fast, but did not well conceive the matter; about fourteen dayes after my maid met her in *Tower-street*, asked her how she did with that quantity of Pill at once in her belly; she replyed that she was well, and that she sate up all that night with her child which she did Nurse, onely it did make her head ach a little; this relation is true, but not to be followed without danger, *I* neither knew her name nor her dwelling, to administer any thing to have over-ruled it: *I* do think this preposterous act of this woman may shevv unto all its safety, if there be any reason used in the administering of it; and vvhhereas *I* say, *I* have taken it my self twelve months, it is true that *I* have taken it novv almost five years, and have not *I* am sure missed it in all the time from the first till this present not twenty nights, neither shall *I* miss it, except it should please God to grant me a better (of vvhich *I* novv have little hope) and the effects through divine goodness are vvith me blessed; *I* alvvays have need of it as of a strong Cordial, although

although I do not always use the same quantity ; for I never weighed one for my self in all my life, but I make them bigger or lesser as I find my self to have more or less need of them.

And when I am as well as I could wish, I do take a little one to keep me so ; but if I get cold, or ought else that troubles me, I do then take one bigger ; and this I find by constant experience, and I do assure you it is no more then what is true, that it never failed me, but always comes with fresh strength and reviving, as truly and effectually as when I took it at first ; and not like other things, which with much use will lose their virtue, power, and effect ; but my Pill is ever the same, working higher or lower as it finds cause, and according unto the quantity that is taken, so that what change is, is not in it, but in me : And I do further confirm what I formerly said, as to the enjoying of my health and chearfulness thorow many weakneses ; for such is the cleanness of my body, and freeness from any obstructions, that I have run from the first step of my house, unto the highest step upon the Leads on the house-top, and never draw my breath ; also such ease and chearfulness of heart, that as I go along the street it is as if I did not tread on the ground ;

ground; and as I have oft said, so I do say
again, that to my thinking I do not weigh
one ounce upon my shoo-heels. Now my
sleeve is full of pills that I gather from the
ground, but when I hung upon my Doctors
sleeve, I always was so oppressed and fil-
led with pains, & so sore oppressed and loa-
den at my breast, that although poor, yet
should hardly have stooped to have taken
up a penny, and if I had stooped upon any
occasion, I did not know how to get up a-
gain without great pain and difficulty, and
with the help of my hands upon my knees.
I further found and do find my limbs to
lengthen, or set at liberty, which before
were stiff, as if they were shrunk; now I
can leap, run, or any such like thing with
refreshing, which before was far from me.
What shal I say! I am thorow mercy a li-
ving monument of his mercies, and of Gods
blessing upon this Pill; for near this five
years I have not used any other thing but
it and my Antidote, and sometimes of my
Oyl of Amber; and if these should fail me,
as I know not how soon they may, I sup-
pose I should hardly send over the threshold
for what is elsewhere to be gained for mo-
ney; yet I will deal freely and truly with
you, I have been put so to it upon extra-
ordinary occasions of Fevers, colds, and
squish infections, to take four Pills of good
bigness

bigness, betwixt eight at night, and ten the
 next day, allowing three or four hours be-
 twixt each Pill; and I do the rather report
 this, because I know it will be exemplary to
 many; for such hath been my weakness, that
 if I did not take a Pill in the time aforesaid, I
 should faint, besides the help of high Cordial
 Waters, and burnt Wine; and instead of cold
 mortal Julips, in a Fever I make use of these
 comfortable things, not fearing my Fever, if
 I can but hold up my vital spirits, and let my
 Pill and Fever try the mastery; I know accor-
 ding unto Gods appointment it shall be; but
 for so many years, Twenty Fevers which have
 been apparent, thus have I been helped: For
 if one Pill will be too weak, it must be assisted
 with another; and if two be too weak, it must
 be assisted with a third; and if three be too
 weak, it must be assisted with a fourth. Thus
 far have I gone with it my self; and seldom
 it is that a Fever staids with me twenty four
 hours, or hardly ever to keep me in-a-doors
 all the next day, but by afternoon likely I am
 84 master of it: And let all take notice, that it
 is far better to take a little and oft, that is to
 say, four hours asunder, as I did, and do my
 self if there be occasion, so wil it work sweet-
 ly and powerfully with ease and delight. And
 35 vvh whereas I spoke of the stopping of some of
 my Organical parts, they vvere my ears and
 nose.

use, my ears so opened, that vvhhen I held
my breath and blew, the vvind vvould flye
through both my ears, I could perceiue it by
making my hair flye on both sides; and indeed
they are both as good as ever since they vvere
mine, vvvhich before the use of my Pill, vvere
weak and defective.

I do therefore always renew my thanksgi-
ving unto God for so great a mercy bestow-
ed upon me now in the latter end of my days;
for as I have said often, such hath been my
continued pains and anguish for above twen-
ty years, that I have not known the hour in
all that time wherein I have took so much
pleasure in my life, as to desire to live it out:
I joyfully acknowledge unto the praise of my
Master whom I have served from my youth
up, with an upright and perfect heart, that in
all that time the joys of a better life vvere al-
ways set before my face, with the lively beams
thereof always kept alive in my heart; and
through mercy I durst not complain, nor say
my burden was too heavy for me: I ever ab-
horred such thoughts as too ignoble for a
Christian, that puts his trust in God's free
mercy in Christ: I perpetually cried aloud
for strength to bear and suffer his will, and it
was enough for me; the Master that I always
have served, never suffered the Cross to be
too heavy and burthensome to me; I know

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well it crossed nothing but an unbelieving corrupt, and carnal mind. I have oft wondered (considering my apparent weakness) wherefore I did live, or had life permitted me, soasmuch as I could not discern which way I was likely to perform service, either unto God or man, more then this, that it was for my Lord and Masters Power to rest upon me, and to manifest his glory in my great infirmity; but now I am apt to think that I am preserved (as with joy I do find) to be a blessing and a refreshing unto many; and truly the poverty and sickness, rejection of friends & relations, which hath past me, doth not (as it doth wish too many) set me on to take hold on riches, or make haste to be rich, or fill my self with the profits and pleasures of this life, but much rather, if it were possible for me, such is the burning desire of my heart, I say, I would (if possible) bear the sickness and bitterness of all men, and frequently with joy and tears when I have heard the returns of those poor which by my hand as a weak instrument; I say, when they have told the great things the Lord hath done for them, my soul within me hath revived with praise and thanksgiving that I am, and have been spared unto so great and blessed a work as the Lord employs me in: I see also, and perceive why I my self have been trained up

in affliction, to the end *I* might learn of the true Pattern of all obedience, Jesus Christ, who came not to do his own Will, but the Will of him that sent him; who speaking of those that are his, and have interest in him, as of sons and children, that he took part with them, to wit, flesh and blood, the nature of *Abraham*, not Angels, and was tempted as a man, that he might succour those that are tempted, and learn to be a merciful Saviour, And let me speak further, (whether my heart deceive me, God knoweth) it is my perpetual supplication, that *I* might rather dye and cease, then that this my rejoicing should be made void, but that *I* may truly and faithfully do likewise unto the utmost of my power, always ready to join my shoulder unto him that is ready to fall, supporting, comforting, and assisting according unto what *I* have received, extended always unto him that is sick and feeble of heart; and through mercy there is a good witness for the time past (*I* doubt not) recorded in heaven; and *I* further hope to encrease it through the blessed assistance of him who shews mercy unto the poor and needy in their distress,

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*Directions how to take this
Pill aright.*

86 **L** Et it be understood, that each one according unto his age, strength, or or weakness, is to take a portion severally.

The ordinary dose is the bigness of a grey pease swelled, or twelve grains, or ten, or fourteen grains, or upwards to twenty grains, where strength vwill admit; but to a child new born no more then a pin-head, and not a great one neither, but about one quarter of a grain. My advice and counsel is to all both old and young, that they be sure they take little enough at first, and in so doing there is great safety, alwaies having regard to the strength and condition of the Patient; and forasmuch as the thing in its ovvn property is a meer Cordial, and a great fortifier of Nature; too much you may take without safety, as a man may drink too much Wine; but too little you cannot take as to safety, so that the least grain is profitable to whole Nature, and not in the least prejudicial: Therefore I do warn and charge that you begin with little enough, and that you do encrease afterward as
you

you find by good experience the Patient can bear it : Unto a Child of ten or twenty hours old, give as much as a small pins head, and so encrease with care, as you shal find it to work; it at once brings them to rest, causeth them to eat and suck lustily, and drives out any thing amiss in them : And for a child a year old, give as much as a great pin head, still encreasing as you do perceive strength to bear it; but it is better to give it to old or young, a little and oft, always taking it when you are going to bed, or in bed, and you must allow twelve or fourteen hours unto its working, and above all things take heed of colds; but if you should get a cold, haste to bed, take a good Pill, it is gone, it will do no hurt; if you find your head to be giddy and unsettled, and also your stomach to be heaving, it is best to give it time and repose by sleep, lest you be very sick and vomit, which you wil not do if your stomach be not very foul. Note, that it is not in its strength of working, till after four or five hours taken : There is no observation of diet, but for men and vvomen to keep a vvholesom, open and clean dyet, avoiding all things that are cold and vvindy in operation, but alvvayes keep your stomach vvarm vvith that vvhich is good and vvholesom; also alvvays drink a Wine-Glass of the best Beer, Ale or Wine after the taking of the

Pill: It is to be noted, that if a mans head and breast be wel, he may rise at any time: I my self do frequently rise after the taking my last Pill, about two hours, (this is in hot weather) not but that I must sleep again. You must further give what time you wil, if your stomach be foul and poisonous, you wil vomit. I do in the Winter-time frequently when I am abroad and find my self not wel, take a little Pill of four Grains, or a grain or two more, as I like my self, and drink a cup of good Beer after it, this doth raise me up beyond all belief: Its common operation is by sweat and urine, which you may encrease as you please; you shall find, that a double portion wil have a double effect, so that you may do what you wil with your self. It is further to be noted, that after three or four days this Pill wil purge your body, but with haste and pleasure; generally it doth purge. You wil also find a fiery sharp humor to go away, and although it make you a little sorry for the present, yet wil you have cause to give thanks to God for its discharge, although with pain; you wil do wel to let it take its own course, and follow Natures Law; it oft appears most by Urine: I know many because of its strange working have slighted it, and left it, and spake ill of it through their own fears, unto their own hurt, and yet at last it hath

hath been their last and best refuge, these are not a few in and about *London*; and now, who shall commend it like these? It is no new thing to have the best substances thrown by, if they do not in all things appear according unto received circumstances; I do wish all that are weak to do as I do myself, to use this Pill more or less, as they do find occasion, and always have within their reach a cup of the best; a Spoonful of good Cordial-Water is good in cold weather; My Pill doth hate all small-drinks that are somented or wrought with yeast, which fills with Wind and Rhumes: Keep ever your Stomach warm with wholesome meat and drink, and care not for being a little hot; let it suffice thee that my Pill although hot, yet doth it kill all unnatural heat whatever: I have always by me a Bottle of rich Cordial-Water, and a pot of strong-Beer or Ale, with Sugar, or of the Sirrup of Black Cherries, which after my way of mixing, doth excel; and sometimes I do use these apart, and sometimes together, as I do find my self, and sometimes none of them all; but of any drink whatever it be, be not too free with it at one time, but rather a little and oft: You wil find this Pill to course and follow Wind up and down from head to heel, as a Dog followeth a Hare through every Hedge and Bush; and in this working you wil of a

suddain finde a little faintness, then a spoonful of that which is best is acceptable & well applied; at that time be sure to keep your head on your Pillow, and while one would tell fourty it is gone: and thus it will do till it hath found some natural purger for his enemy; but if thou dost not break wind by a sensible way of evacuation, yet thou shalt finde it gone thou knowest not which way; thou maist observe that thy Pores are set open all over thy body, and by secret breathings at those little Pores it will oft make his way, and sometimes by Urine it will follow natures law, and use those purges vvhich is most apt and spontaneous; and what paines soever thou hast (old or new) will give way, and thou at ease, as if thou ailedst nothing; for the most part it is so, but if thou finde it take too high upon an old grief, know it is in order to heal and cure it; therefore I say, condescending unto thy weakness and unbelief, prove it first with a little, and increase vvith judgement, as you finde strength and courage to bear it, thou maist know that it hath power, if thou hast wisdom to apply it.

It falls out oft upon surly griefs, as Sciatica & Gout in the feet, that it will nibble at them more strongly then thou wouldst, therefore mark what I have said to thee.

- 87 In my first Bill I did not commend it to women with childe, both because my Pill is

not

not now as then, neither had I experience; but now I do commend it to them above any thing in the world for the health both of mother and childe; and if young women will avoid green and hurtful fruits and windy things, and instead thereof keep a good and wholesom diet, and now and then (if cause) to use of these Pills, we should not have so many miserable weak children; but women will so palpably enslave their own healths & lives, and their infants unto a foolish lust, to that which proves pernicious unto both, observing neither what is for their own or infants health and welfare.

I will relate one story of a woman with childe, one that lived about *Savories* mills in *Southwark*, and this woman was extreemly tormented, but did not know what it was that troubled her; shee had took divers things but to no purpose, and so it was that her pains did exceed, that she was weary of her life; this woman meets with one of my Pills, but how I did not know till afterwards, and without leave takes it at a venture, and contrary unto its usual course, it set this woman a purging, and gave her above twenty stools, and then brought from her an abortive or false conception, whereat she was well, and so continued all the month that she had to go, and in her season was delivered of a lusty boy very well, and so both
mother

mother and child continue well for any thing as ever I heard, praised be God; and after we heard of this woman, we likewise heard of others which did take it in the very hour of travel with happy success, and with much ease, more then ever they brought childe into the world before, and now lately it is grown common with women that know it and use it in the time of being with childe, to take it in their extremity, and also to give it their childe as soon as born, if they discern cause.

I will now give you one instance or two of some that have used it presumptuously, and have took too much of it; it may be such like experiences will admonish the unruly to use a good thing to a good purpose, and not abuse themselves thereby.

About a month ago I chanced to light into the company of a man that lives near *London-bridge* in *Thames-street*; he said he lay one night with a Gentleman which lay at his house: this Gentleman having of my Pills in a silver box, took one himself, and left his box on the table and went to bed; this man he takes as much at twice as would have made five or six Pills (he compar'd it to his thumb end) the least of which would have been enough for him; this portion did begin to work very high upon him, and he fell into a strong vomiting in a strong sweat, and

and after a vvhile he must needs go to stool;
 he in his sweate goes down two pair of stairs
 to the house of office, and he protested to
 me, that as he sate upon the stool, the sweat
 did drop off him upon his feet: Thus
 twice he went down two pair of stairs
 to purge, and very ill by fits, it made him so
 that he thought he should have dyed no o-
 ther death; but (says he) I will never take
 more of your Pills. This man is old enough
 to have seen his error and my Pills benefit,
 yet this is his conclusion; hence let all be
 admonished to follow direction given, for his
 resolution was as rash as taking the Pills was,
 and carries so much folly in it, as it doth
 stand more need to be pitied then answered;
 for vvho seeth not but that if he had taken a
 portion fit for him how profitable it would
 have been for him?

A childe in *St Martins* being presently hel- 88
 ped of Rickets and ill-digestion of mear, and
 such like griefs, another of their next neigh-
 bors comes in great haste for another childe
 in like condition; I gave her Pills as the o-
 ther had, and shewed her by making one or
 two vvhat quantity she should give the child;
 she follows my order the first day, and she
 did sensibly discern such a mighty change in
 the boy, both as to his breath and cheerful-
 ness all the next day, as did much delight
 her; and she said, if so much as this little
 thing

thing do my child so much good, I wil give it more, and that wil do it more good (and indeed so it proved, for it cured the boy) and she gave it what she thought good, I shall never know how much it was she gave him; but the next day the child was very sick, and would eat nothing, but oft fainted, and vomited much; she sends to me in great haste, and she feared I had killed her child; I asked her sister whom she sent, if they had followed my direction; she assured me that they had to a tittle: In the afternoon I went to see what was the matter, and by that time the boy was very wel, and had broke through it; and the woman then told me what she had done; and her sister (who affirmed that they had strictly followed my rules) said. Did not I tell you, you would kil the Boy by giving him too much. Thus you may see how I am dealt with, and I know in this I am not alone; if this Child had dyed, I should have been called the killer of it; neither should I ever have heard what the Mother had done to it.

89. While I am writing at present, came a man to me fit to be remembred, although out of place, which for two years was sore troubled with a sharp eating Rhume falling from his head; that he was almost lost; he looked blackish, yellow, wan, his eyes dull, he was almost starved for want of meat; he could neither

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eat nor sleep, he could get no help; God's good hand directed him to me a in time of need, his throat and pallate of his mouth almost eat away; I looked into his mouth at his request, there was a hole eat out I could have turned my finger in it; it was sad to see: I did somewhat suspect what Disease it should be, but indeed I think both he and his Wife fears God, and are innocent and chaste in their lives: I gave this man one quartern of my Pills; he came again in five or six days so altered, as I scarce knew him, he did look so chearful, fresh, his eyes quick, his throat almost well; so much more set him quite well, and so he continues; and he, it may be, spends one quartern in one quarter of a year upon himself. I confess I never in my life, as I can remember, knew the like, what the man ail'd, I cannot tell, it is sufficient through Gods blessing even at once, as water would quench fire, so effectually did my Pill administer healing unto him, which did quickly make him pull out the stuff wherewith he had stopped it with.

A Maid that was afflicted with Convulsion-fits in her shoulder, which racked her shoulder-bone out of Joint with intollerable pain, insomuch that she was deprived of the use of her member, she was in the Hospital, and had advice of a great many Chyrurgions, of
which

(110)
which some admired, and were amazed at it, they made issues, and bound the member with Rollers to keep the bone into its natural place by force, which put her into extremity of pain, neither could she get a cure in six years time, but grew worse, until that she had made use of my Pill, and through the blessing of God before she had taken them half a year, she was perfectly cured, and in perfect health, able to improve her self in any thing that is fit for one of her years. This is the account I received from her Mother, one Mrs. Scruby in *Gravel-Lane*, near *Aldgate*, vvho teacheth the Virginals.

An old man upvvards of eighty, comes unto me vvith many thanks, and J vvondered, not knowing the man, nor his business, vvho said, that he had been troubled vvith a Rapture for ten or eleven years, vvich vvvas a great grief unto him, and making use of my Pills, said, that he vvvas as vvell as ever he vvvas in his life; for vvch he praised God vvith his vvhole heart, and indeed J think he doth truly fear God, and it did much comfort me to hear him give all praise and thanksgiving unto him vvho is able to vvork Wonders, as it appears in this man, considering his age, his disease, its length of time: This man, to our remembrance, came and sent (as near as vve can remember) six or eight months

months before he came, with so great thanks to God and to me, from whose hands he received it without grutching.

A Clothier comes hither that liveth ten miles from *Bristol*, who having his Sister very ill and lame, and blind of the disease called the *Kings-Evil*; her legs great, and holes running in them: he goes to *Bristol* and gets eight Pills; before she had spent these eight, her sight began to come to her, her legs began to abate of their bigness, also the holes in her legs ran exceedingly; in fine, in the spending of half an ounce more, her sight was perfectly restored, her legs perfectly wel and healed; for this was her own words, That she was as wel as ever she was in her life, blessed be God.

About the middle of *June* I met a Beggar near *Mile-end*, who was very thankful for a peny; I asked what he ailed; I appointed him to my house; his leg stunk I could not abide the room, it was black as dirt; his shin-bone black, bare, and rotten for two inches, his flesh gone, it was sad to see: I appointed my Man to dress it, who was a considerable time before he could get it clean: The order observed was, Each day while he was with us he took a Pill of about ten grains, his leg onely washed vvith white Wine, and kept clean, and a Pill of about

18. or 20. grains to take at night when he went to bed; whether he took them or not, as he should, I know not; by that time he had come a Week, he said he could go without his Crutches, but I would not suffer him; but at last I perceived no great willingness in him to be cured, I allowed him six pence a day and his Dinner, otherwise I should have lost my Patient, being willing to cure him; but we saw him strive against cure by drunkenness, by sitting on the bare ground, by opening his Leg, and such like; notwithstanding all which, about the beginning of *September*, he gives many thanks, and said he was well, (but I do not believe him;) We from this experiment saw enough to our wonder, if his disorder had not withstood us. Note, that after one Month, we did with a feather annoint his Leg with the Balsom of the Pill, with a little of the Pill it self.

I shall now relate a strange story, but true, although to many it may seem incredible.

A Gentleman comes to me with many thanks and much love from an ancient Gentlewoman, aged betwixt eighty and ninety, who said, that she for some years had used nothing but my Pills, and her natural food; and that which was strange to her and all that know her, she now hath young teeth growing in her head; and more, which was to wonderment,

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derment, it was with her (as to course of Nature) as when she was but 20 years old; and (said he) she under God ascribes it unto your Pills, and is in very good health and strength, Blessed be God. As to this story, if any man or woman cannot believe my report, let them inquire of Mr *Stephen Montague*, a Gentleman known very well unto most Merchants and Citizens, which I am assured will satisfie them.

A good Woman near *Aldgate*, that for a long time lay sore tormented in her body, brest, and back with wracking paines, her out-cry so great, her husband (as he said) was not able to endure the house, and left off by three able Physicians as helpless; this Woman with one Lick of my Antidote (which was mixed with hony) in one quarter of an hour received ease all over her body, and slept six hours or thereabouts, this on *Friday* morning: her husband comes to me on *Sunday* morning, and tells me his wife did nothing but eat, and drink, and sleep; it is to be understood that she continued in the use of the same things, viz. each night a Pill, and each 6 or 8 hours one lick of the aforesaid Antidote.

A Girle about seven or eight years old, stricken in all appearance with death, having a high pestilential Fever, continued

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eleven or twelve daies taking each 24 hours
 a Pill of bigness about 8 grains, and in the
 day some of my Antidote in good wine;
 her Fever did not increase, neither was
 quite removed; little sustenance came
 to her body but what the Pills and Anti-
 dote contributed unto her: I willed then
 to give her each twelve hours a Pill, and
 her Antidote at six hours betwixt; which
 the childe was loath to receive, growing
 very weak; but observing that order, and
 last through the blessing of God it did
 charge the poison of the disease from
 heart, and struck it up into the right side
 her head and face, and suddainly the childe
 began to revive, and by that time twenty
 daies were come about; it had at last con-
 tracted the disease under her ear, the childe
 jaws being sore would receive no meat
 and in twenty daies as we believe the childe
 received not two ounces of bread or meat
 but continuing as above, it at last broke
 under her ear, and an incredible quantity
 of filthiness issued out: Many that saw
 this childe would needs have had the Chi-
 rurgion at work, because (as they said) the
 would be dead flesh; but I prevailed
 there was none, only keeping it clean and
 washing it with White-wine, and anoint-
 ing it with Oyl of Amber and Oyl of Rose.

ses mixed together. This childe increased
 in strength, fell to her meat, but continued
 taking her Pills, which kept her sore open
 and running; it alwaies kept her sore so
 well coloured, and without inflammation
 as it was to be admired, neither did any
 thing else or plaister ever come on it; but
 about six weeks or thereabouts this childe
 was as well as ever in all its life, and so
 continues unto this day, Blessed be God.
 I never saw a case more eminent in all my
 life; a creature nearer death and yet
 alive: Neither did I ever see the power and
 effect of any earthly creature more e-
 minently then in the virtue of my Pill and
 Antidote, as in this Cure; the Lord Al-
 mighty be blessed for his goodness: for
 such was the weakness of this childe, that
 when her mother lifted her up to give her
 the Pill, the childe had not strength to
 keep her chops together without help; and
 when I saw her jaws to tremble in that ma-
 nner, I was out of hope; and indeed all her
 friends heartily wished the trouble of her
 Choler were over; but God (who alone
 hath the issues of Life in his own hand)
 hath restored her unto perfect health; and
 our prayer is, that she may live to be a faith-
 ful servant unto him who hath thus spared
 her.

Sir,

Being brought into a weak and desperate condition through a Cough, which (as some
 86 ble Physicians informed me) had made a breach
 in my Lungs, and therefore thought incurable,
 resolved to try your Pills, which a friend commended
 to me, and upon the first use of them found
 wonderful a change, that made me and others admire
 the goodness and wisdom of God, that had
 laid up so great a vertue in so small a matter, so
 truly after the taking of one Pill, my Cough was
 wholly removed, and ever since I have enjoyed
 greater measure of health, then for some years
 before. I have given of them to several of my
 acquaintance since, with very great success in Fevers,
 and other distempers. This I thought good
 to inform you of, as also that I am, Sir,

Your much obliged friend
 Ja. Reading.

Here follows several instances of Cures performed by my Pill upon several persons in and about *Bristol*, which are sent me, and attested by the hand of *Mr Nath. Merry*, who since his own Cure by it, willing that others might have the like benefit, hath desired to have of my Pill, and the rest of my things to sell, whose dwelling is in *Wine-street* near the *Chequer* in *Bristol*.

This is an abstract of Mr. Merry's Letter to me, of his own case and recovery by my Pill.

I Have often had thoughts to communicate to you the effect of my Faith touching your Pill, and the vertue I found in it; but till now there have been lets. And thus it was, The day that I received it, my distempers were indeed high, & to my apprehension had almost overpower'd all the powers of Nature, so that I was doubtful of life; I took one that night, which (I praise the Lord) had so happy effect, that though there were a great War most part of that night, yet by the morning (through mercy) it got the victory, and was enabled to go about my business the next day, and in the morning had no sign of a surge; yet that day I had about ten or eleven stools, which brought away that matter

which I used to bring up at my mouth (which I mentioned in my last Letter) by stool; I supposed every stool might be the last, & therefore made no provision to keep warm, more then at other times, but went down to stool yet I was not faint, or hindered of my business: I continued the Pill taking about eight or ten grains every night, and in the first four or five, or six days, it gave me about four stools; yet I continued strong, and about my business, and after brought me to two stools a day for some few days, and ever since one stool a day, having continued it to this day every night, save about ten nights in the whole time; and it pleased God by degrees strengthened me, that I being much spent and worn, am now (I praise the Lord) as full of flesh (I think) as ever I was. I had a Child brought home from Nurse about ten Months since, which hath taken the Pills ever since. When she was brought home, she had so violent a Cough, as I never heard; for she would be dead with it to appearance many times. She had the Rickets, and was exceeding weak. Through mercy her Cough is clear gone, and she grows strong; and I suppose the Rickets are gone, or near gone also. Many in the City and Countrey who have had it from my hands, have been cured by it, both Men, Women and Children, as Consumptions, Fevers

Scurvy, Surfeits, Agues, &c. Weak persons so weak, that the Doctors would give them nothing.

Nath. Merry.

A Woman far gone in a Scurvie, swollen in her Belly, Thighs, and Legs, ful of spots and knubs as big as French Nuts about her body; her Disease increasing under several Doctors hands, she expected death; but she had a desire to try the Pill, which in a fortnight overcame the Distemper, and in a short time cur'd her; but she continued the Pill a quarter of a year.

A Boy aged twelve years, very far gone in a Fever, had it soon overcome, save a great noise remaining in his head like the Sea, or Thunder; he continued bound in the use of it eight days; at the end of five days, his mother in fear, askt my advice to give him a Clifter; I told her she might do as she pleas'd, but remembering your words, and having known an evil Consequent in the very case upon a Child of mine, I told her were it my Child, I should wait with patience, and leave the issue to the Lord, giving her my reasons; and she was satisfied so to do, and there followed a good effect; at the eight days end he had a stool, and near about that time came a worm out of his nose

three inches long, and about the bignesse of your round Laces, which she brought presently for me to see, and I saw it; he was suddenly upon it well.

A Woman of this Town voided six stones, with taking one Pill.

A Boy about 12 years old had been so afflicted with an Ague and Dropsie, that his parents thought it would kill him; about two years it prevail'd, having tryed variety of means; at last taking the Pill evenings, was in short time cur'd (though they observed not the usual rule in that disease) of both his diseases, and his belly being much swollen, was brought to its natural proportion.

A Woman for many years in a Consumption, much pained in her head and teeth, and stomach, with a great weakness over all her body; she was so spent, that she could hardly get up the stairs; in short time with the use of the Pill, found strength and ease; and at times hath used it about half a year, and is now able to follow her business.

A Man troubled with a violent pain in his head, which would take him at times, and hold him several hours, had it taken off by three or four Pills.

A Man having been a journey, while in a great heat drank smal Beer, with which he took a great Surfeit, & became so weak, that those who administred phylick to him would give him no more : From the first Pill, though a little one, he found ease, and in two or three days was able to sit up, and in about a fortnights time was well.

A Woman sick of a Scurvie, had made use of two able Doctors, under whose hands her distemper increased ; she was weak and faint, her lower parts swollen, and broad red spots about her body, her thighs and legs afflicted with bunches as big as French-nuts ; she indeed had little expectation of life : The first three Pills scattered the bunches all abroad ; the first month it sweated her every night much, yet her strength increased ; the second month it gave her two or three stools every day, yet she increased in strength : she continued it a quarter of a year, or more, and then being wel gave it over, and is wel to this day ; being about halfe a year since she gave it over, she perused your Book, and told me she believed there was not a greater Cure there then hers was;

A Boy had a Rheum in his eies, which his mother shewed to a French Doctor, who askt twenty shillings for the Cure ; she not willing

willing to give so much, made use of the Pill, and it was taken off with two or three Pills.

A man sick of a Surfet and Fever three weeks, had his water shewn to two Doctors, whose judgment was that it was a dead water; and the Doctors which was with him said, he would die that night: a friend of his hearing it, who knew the Pill to be a good thing, came to me and related his condition, being very weak, and desired some Pill for him, with my advice in the taking of it: that night she gave him one, upon which he slept, and when he awak't, the woman which had the Pill for him (for she tarried with him to see the issue) askt him how he did; he told her he was pretty well, and in the morning thought he could go to work: He took but two in all, which removed his distemper, and he walkt about thinking to wear it out the Dog-dayes, and then to fall to it again, he apprehending some danger in taking of it in those days till he came for some for another; when he told us how he felt his disease remove, and that he forbore for the reason aforesaid, though he found some weakness about him; but I told him he had done well to have continued it a little while: he was glad of the Liberty and took it presently, and

& immediately upon it found his strength increase, and saith he is as well as ever he was.

A Woman after her Lying in had a great oppression at her stomach and heart, attended with a great weakness for about half a year; which the Doctors could not tell what to make of, nor how to remove; they would have carried her to the Bath, but she was so weak they durst not venture.

It pleas'd God that the first Pill she took she felt it remove from her stomach and heart, and fel as a great weight into her belly: she took not above five or six till she was well and strong; she sent for some more, not to take, but to keep in the house.

A man greatly afflicted with the Cramp in all his Limbs had it removed with two Pills:

A strong man in the Country after labour being very hot would drink water, although he might have had strong Beer, and went and lay upon the ground, with which he took a great cold and surfet, and after some dayes lying in a violent fever, became light-headed, and continued very light eight dayes before I heard of him, that very night as soon as they got home (being at *Froome* 18 miles from this City) they gave him a Pill, after which he fell in-
to

to a sleep & sweat, & about a fortnight after pleased God there was word brought mee that he was at work. From that place they have sent several times for more for others, but a particular account of it I have not yet received.

A Woman in the Country sick of a Fever and Ague, sent for half a quarter of an ounce of Pills, before or by that time it was all used she was well.

A Merchant of this City being thirty years afflicted, (sometimes once in a Month, sometimes once in six Weeks, and sometimes in a quarter of a year, (which was taken by a fright) of a Disease like the Spleen and Stone in the Kidneys, he hath try'd variety of means but found them ineffectual, his pains would be so violent for several days, that it would much weaken him, and keep him in a doors; several days after being at his house, and hearing him speak of his distemper; I told him what benefit I had received from your Pills, upon which he told me that about two or three 89 years since he had taken some one Pill or two, but was frightened from it by some that affirmed there was great danger in the Pill; but he seeing the effect of it in my countenance, knowing that I was much spent when I first took it, and considering the time that I had taken it, concluded it most be-friently to Nature,

ture, and resolved to take it: its now above half a year since that he began to take them, at the time of his fits, or when any thing ails him; and now through the blessing of the Lord he tells me, that it easeth him presently of his pains, and the next day he is about his business, and doth believe if he took it constant, it would cure him; and now is willing that others should reap the like benefit, having advised others, who finde good also.

A strong man of this Merchants, who went upon one of his ships, had a great cold and cough, his Master advised him to take a Pill; being unwilling to be mastered by a cold, would take nothing, but at last is so much overpowered him, that he was perswaded to take a Pill, and he found such refreshment in that one Pill, that he thought he need take no more, but he sent for an ounce to carry to sea with him.

An old man aged threescore, that had been always a hard labouring man, and is still, was three or four years afflicted with pains in his Ancles, Arm, Wrists, Elbows, and Shoulders, had it taken off with about six Pills, and follows his Work comfortable.

A Woman three years afflicted with a Disease call'd *Anthony's Fire*, she had all over her body, arms and face, broad red spots, like
scalds,

scalds, with blisters, which would make her sick and burn like fire; she had taken Physick of several, which prov'd ineffectual; one half quarter of an ounce hath taken it off for the present, but I fear it will come again, she taking no more; but it is now near 3. Months since, and it doth not yet trouble her.

SIR;

T Hese Relations are true to a tittle, to the best of our memory and understanding; Many more that have had of your Pill from me, have received cure, ease, and good in many Diseases, as Consumptions, Dropsies, Fevers, Agues, pains in the head, aches in limbs, and colds, pains in the breast, teeth-ake, swellings in the face, great pain with sore-legs, people taken suddenly, Surfeits, Running of the Reins, and weakness of the back, and many distempers unknown. I conclude:

Your loving Friend,

Nath. Merry.

Now

Now I wil in as plain words as I can, deliver unto you some choice Receipts, which I think have not seen the light, easily wrought, almost by any vulgar hand. which wil be acceptable unto such as are endued with love and good-wil, and do desire the good of their neighbour.

To draw the true Oyle of Amber, the same which I have used for many years with wonderful effect and benefit to the users, and the same of which I have spoken in this Book,

TAKE the Scruff of Amber, what quantiey you please, (which you may buy at the Druggist) and beat it in a Morter grossly; then take a good new Brick, and beat it to powder likewise, of these equal weight, and mix them wel together on a Table, it is ready.

Take a good Retort of Glass, and put on it a good coat of strong lute made of blood, lome, hair, and sharp sand, and moisten them with strong Brine, lay it on all over the thickness of two half crowns, let it dry in the sun; when its dry, look wel, and purge what is amiss, and it is ready; fill this three parts full of thy Brick and Amber, and it is ready to put into thy Furnace; make a Furnace with a
Grate.

grate, and lay a cross barr of iron eight inches above thy grate, set thy retort in an earthen dish of ashes or sand upon this barr, let the nose stand inclining so as what condenseth may run out, build up about thy Retort and keep an inch distance or more, and just at the top of thy Furnace leave a vent so big as an egg may go in at it : Note, if thy vent be too strait, thou wilt be puzzled ; but if too big, then thou maist with tile-shird make it less by laying it on the top ; lay to it a receiver as big as the retort, see that all be dry and well fixed, then with a gentle fire of Charcole under thy grate make fire for twelve hours, thou wilt perceive thy work to sweat, and a white waterishness to cleave unto the neck of thy Retort, and in thy Receiver, continue this degree of fire under thy grate in the ash-pit for twelve hours or longer, till thou perceive it to slack its workings ; then begin with smal fire upon thy grate, govern thy work with care that it work not too fiercely, for then thou wilt indanger all thy work, and break thy vessels, and keep that heat till thou seeest it will work no more, and that as thou perceivest there commeth nothing, increase thy fire a little for three hours, and if thou perceive that it begins to send forth white fumes,

keep

keep that degree for six hours, and by this
 time thou maist be sure that all the Flegm
 is come off, then put in a Sea-cole cynder or
 two, and so by degrees leave Charcole, and
 bring on thy fire with Sea-cole; it is for
 thy profit so to do, and by this time there
 is no great danger, the Oyl is drunk up into
 the Brick, and thou with a little increase
 of fire wilt make him discharge or spew it
 out again, and yet keep it from flowing;
 so that thou wilt receive now a thick, black,
 or deep red Oyl, thou maist in twelve hours
 more fetch off all thy Oyl without fear, for
 it doth require good and strong fire, and
 with a tile give vent at the top, which thou
 laidst on in the beginning of thy work; let
 all cool together as it stands, and then take
 off thy Oyl, and have a clean Retort ready
 and pour it thereinto; and if thou wilt
 make a Retort thy Receiver, (which is bet-
 ter) then let it stand till thou art ready for
 it, rake out the Retort with the Capud, and
 clap into thy Furnace an iron Kettle, and
 let the bottom thereof seat upon the iron
 Barr, and leave so large a vent as a smal fist
 may be put down it. Note, this Furnace
 will stand in any Chimney-corner (how
 little soever it be) and with Lime and Hair
 fix the same handsomly; let the Kettle in-
 cline a little, that it may cast the Oyl the
 L better;

better ; set into sand thy Retort with the
 Oyl, let the nose incline that the Oyl may
 descend or drop, let it stand half an hour
 in the bottom of sand under the Retort
 fill about with the same sand so high as the
 Oyl in the Retort is, let not the sand be ei-
 ther too sharp or too fine, but of a middle
 greet, break the neck of another Retort to
 go over this ; if it be two inches wide, then
 it need not go over above one inch ; but if
 it be but one inch wide, it had need go o-
 ver three inches, lute it fast about with
 starch and paper ; do thy work neatly like
 a Workman ; make a Sea-cole fire under
 gently, until all the Flegm be come over
 and after increase thy fire. Note, that
 thou hast wrought well in thy first droughe
 for each pound of Amber thou wilt receive
 of Oyl and Flegm thirteen ounces ; when
 thou hast drawn all over with gentle fire
 repeat the same again the second time
 then hast thou attained unto that Oyl as
 constantly sell for four shillings the ounce
 and sometimes six ; unto Gentlefolks, and
 sometimes for nothing. Thou maist note
 that I have of the same which hath been
 thus rectified above ten times, that I never
 sold any of it under twenty shillings the
 ounce. Thus I have given thee without a
 ny knot the true and plain way of my own
 wor

work, which I have done of my self without any guide or teaching, but as God hath taught me, and therefore know not vvhay other men take; accept them at my hand: therefore vvhetherunto I have attained, vvith as much love I tender it unto thee.

Many conclusions I have tried, thinking to advance the vvorth of this Oyl, but it proved otherwise; note that vvith fire thou canst not wrong it, but therewith thou must feed it, and on fire it doth feed as naturally as thou dost feed upon thy meat; many that would be accounted wise are choise in their fire, and dare not stir it up lest all all their work should be spoiled, but I am sure they are fools, and spoil their work for want of fire, for its clearness must not come with gentle fire but with ofe rectifying; for if thou wilt take from him his fetid scent, know that he is worth nothing; fit for Ladies to play with, but not to do them good; and because many vvill disdain me in this matter, I will take in one more with me, *Radolphus Glaubier*, who saith as much: note that it is best to keep this Oyl upon the Flegma as its own mother, neither will the Oyl sowre so soon; I do think in my conscience this Oyl comes the^{9t} nearest unto a Medicine universal, if strong-

ly rectified ten or twelve times, and the Operator have judgment to keep & hold his Spirituouſneſs with ſtrong Lute, of any Oyl in the world; I have found it ſo, and therefore ſo ſpeak.

But becauſe many would faine make this Oyl, vvho live farr off and cannot get veſſels, I vvill ſhew them a clowniſh way or two, that they may make a ſhift as I have done; but firſt note, I do proteſt I do not know out of my own hand vvhere this Oyl can be had for mony; I have tried again and again that vvhich is ſold for it, but I finde little of the truth there; I do not doubt but it is in divers hands to be had for mony, but vvhere out of my own hand I know not, but that vvhich is Trade-ſtuff is fetcht more out of the Firr-tree then out of the Scurff of Amber.

Let the Country Gentleman that lives farr off, and loves them that God loves, viz. the poor, and would faine do them good, let him attend to what I ſay; Take a long neckt jugg, the longeſt you can get, and cover it well with a ſtrong lute, as I appointed thee to cover the retort withall, put in thy Amber conſect therein, lay thy jugg upon thy iron barr within the Furnace, let the noſe lie out about one inch, let not the noſe incline, but look a little
upvvard

upward, set to another jugg whose mouth will go over his mouth, lute them fast together, proceed in all points as formerly, and thou hast thy desire ; and if thou wouldst rest sic in those vessels, be sure that they be very well burned and glazed, otherwise thou maist go seek thy Oyl, or thou maist very well make thy first draught in *Glaubi-ers* first Furnace if thou have any of them, or any Potter will make thee of them.

I will yet commend unto thee another way, which is no fable, but what I have wrought with my own hand, and of my own invention, which I am sure no ingenious man vvill dispise.

Take a large Funnel of *Crooked-lane* plate, or of thin Brass, (as my ovvn is of that I have used the same way and for the same purpose) and cut so much of its smal end off as thou maist turn thy thumb in it, get a Plate of thin Iron or Brass, and fit it unto the top of thy Funnel so artly that it may lie a straws breadth within the rim of thy Funnel, and if thou canst not get a Plate conveniently, take an old Frying-pan bottom ; if none of these, then an earthen dish, but it will require a stronger fire upon it, be careful that whatever it be that it fit thy Funnel or Tunnel, then take another earthen dish about two inches deep, or a

little less, and let it be almost as wide as the Funnel, put it into the Funnel, and take three or four six penny nails, put them betwixt the dish and the Funnel side, that there may be a straws breath or a nails breadth betwixt the Tunnel and the dish, for the vapor to go down by, put thy Amber grossly beaten into the dish, but be sure that thy plate above doth reach within an inch or inch and half at farthest; then lay over thy plate, then take a live Charcole and lay thereon, which may warm the Plate, have ready chalk beaten to fine powder, and a strong lye made of Bay salt, and thereof make thin stuff as if thou wouldst make Pancakes, and with thy knife lay this lute upon the edge of thy Funnel, which will binde fast the Plate and the Funnel that nothing can vapor that way; take thy Funnel and set it into a large glass with a narrow mouth, and lute it well with a linnen cloth and some of thy lute, and set thy glass where thou wilt in thy window, or on thy table; it is great pleasure to behold this working, thou maist govern it as thou wilt by thy increase or pcrease of fire; this I have done, and it is speedy, easie and delightful, and almost without charge, onely note thy Oyle comes very thick: clean all thy vessels with warm water and soap, and

and then thou maist rectifie therewith; thou must take heed to blow away the ashes, that the heat may take the iron plate under it more aptly; the gentlier thou dost fire, the better will thy Work be.

Of this Oyl if a Volume were writ of its power and vertue, it would be short of what is contained in it: I will content my self with giving thee two or three instances, leaving thee to judge of it as it seems good unto thee.

At the beginning of these unnatural Wars, I think about seventeen or eighteen years ago, (for so long I have used it) I my self being extream weak, even as water, languishing by degrees, after a sore fit of sickness, which held me from *Bartholomew-tide*, unto *Shrove-tide*; and for near seven years passing my days in as great affliction as might be, and go upright, nothing that I could take doing me any good, able to digest no wholesom food, and if I had gone the length of *Tower-street*, it was pain enough for me to lye on the bed all the next day after it; indeed, having inward peace, I did long for death, but it fled away, as God would have it: I knew not what I ailed, onely whole Nature wasted and spent; and being deaf, I employed a man to serrenge my ear, I swooned under his hand four times, that they thought I then should have dyed; the man told me I was the weakest man that

ever came under his hand, willed me to get good Oyl of Amber, and drink three or four drops in the morning fasting, and he would warrant my recovery: I enquired what it was, and til I came unto *Hans Honger* in *Whire-Chappel*, the *Hungarian*, I could not learn its virtue; he commended it as one of the most absolute things in the World; he prepared me one ounce, for which I gave him ten shillings, (and if I had given him ten pounds, he had deserved it) I took three drops as I was directed, and two mornings it purged, and no more, but brought me to a right order, viz. once in a day; but before I had I know not how many stools in a day, and also made water almost at every post through weakness; but in three weeks or a months time J was renewed from head to heel, and was like a boy of fourteen years old, no ground could hold me, even at once released of all sore burdens and oppressions that J lay under, which did much amaze most that knew me, and J told them with what, although few would believe it: This Relation is true; praised be God for this Oyl as a blessed instrument thereof; for presently J broke wind, began to feel an appetite, and digest that which J did eat, which were happy effects to me, that for some years knew not what it meant: And God so ordered it, that at that
very

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very time J fel in with a *French Emperick*, which was servant unto the Prince of *Orange*, and from that time J have laboured in this Art of Alchimy.

A Child being near death with Convulsion fits, its Father, Mother, & Grandmother coming into the Countrey where the Child was at Nurse, intending to bury it before they went home to *London*, the Child having had thirty fits, some black, and some white, nothing could interpose; J desired them to annoint the breast with some of this Oyl, and indeed it was the first draught onely, it stopt the fit coming, and the Child had no more fits while she had it to nurse, unto their great astonishment: The Nurse said to me, that if J would have asked at that time five pound a drop, J might have had it, but eighteen pence did serve the turn.

Another time J did use to go oft unto a friends house, where one lay sick of the Pestilence; J fancied with my self not to be afraid, neither can J say J was afraid; but so it was, that J felt something rise and swell under my right arm, J let it alone two or three days, til at last it was so big that J could not get my arm unto my side, as J was wont, and to my thinking it was as big as an Egg, and begun to be sore: J then had two sorts of Oyl of Amber, one that was fine, to drink; and

and another sort that was course, to anoint: J. drank my potion of the best, and then J called for my courser sort, as J was in bed, and with my left hand annointed under my arm, and while my hand was upon upon it, it did avoid the place, and fell under my short ribs; J followed it with Oyl upon my ribs, and while my hand was on it, it leaped up under my arm again; J. to it again under my arm with more Oyl, and while my arm was on it, it went J know not whither: the next morning J felt a little pain upon the contrary shoulder, and thus it went away. and J heard no more of it. Blessed be God for his goodness and mercy unto me.

- 95 J was once almost forced to visit a Gentleman that was lame of the Gout; J left him Pills, and gave him of this Oyl to annoint his feet; this man neglected his Pills, onely annointed with this Oyl; he told me the next day he was in ease, and his foot and leg all alike sore; this man with one or two Pills, and this Oyl, was so wel, as J observed him, he ran after me to open his door to let me out, and so at once was wel of his lameness. This is true J have related.

- 66 Many by drinking this Oyl onely, have voided many stones, and much gravel, when drunk in White-Wine: J do use in Fevers to rub my self all over with this Oyl, and drink it

it inwardly, and do find the ready way to cure with my Pills; and although it be fire, ⁹⁷ (for so is my Pills) yet do they quickly extinguish an unnatural fire, as all find that use them; thanks be to God for it.

I never knew Convulsion stand with it, but ⁹ it is ready help, as far as I have proved, and as profitable for any ach of Limbs where-ever; nay I have known when able Doctors have concluded of nothing but death, where extream vomiting and tearing of Limbs hath been; being left, I have then caused the Patient to be rubbed all over with this Oyl with a warm hand, which instantly hath caused cease of pain, and such breaking wind, as is not to be credited, and forthwith health hath followed: This I have seen with my eyes, blessed be God for it. I leave it to God's blessing in thy hand, I think to speak no more of it, this Book having already exceeded my intentions; you may safely annoint a little Child of a Month old, or younger, if you have the true Oyl; yea as soon as it is born, without danger; and I have known it given inwardly at sixteen Weeks old, without danger; it is altogether discorsive, and not contractive, and therefore safe and profitable for Women that have Cankers in their Breasts, as I have known some cured with my Pills and this Oyl, praised be God for it. But I am weary of Writing,

ing, being very burthenſome unto me; I can-
not but further add, that till I knew my Pills,
J never knew the like for all griefs whatever,
that took their root from Wind and Rhumes;
it breaks wind apparently ſenſible twenty
100 four hours from off the ſtomach.

101 J will alſo here commend to thee another,
which J am perſwaded may truly be account-
ed brother unto the Oyl of Amber, for J
have much uſed it, and found it for all inward
applications no whit inferior unto it; this
thou maiſt know, for it is not any part of my
deſign to deceive thee, that I have found that
it J did drink Amber above ſourteen days, or
three Weeks, then its vertue would be gone,
then have I left it off, and drank this Oyl I
ſhall now ſpeak off, as long, and then the Oyl
of Amber would come freſh as at firſt, in
ſtrength and vertue; thou maiſt note alſo,
that the Oyl of Amber if you take too much
of it in hot weather, will produce faintings,
which this will not: Further note, I never
durſt uſe this Oyl outwardly, but the Oyl of
Amber with great ſafety.

Of this Oyl J never read in all my life, nor
ever heard of any that ever did make any uſe
of it, but my ſelf, and my own reaſon led me
to it, contemplating on the ſubject, could not
but believe there was real worth in it, as I by
experience have truly found: And this Oyl
I call

I call the Oyl or Spirit of Pine, for so indeed it is, for Tar is made of the Pine-tree, as *Johnson* reports: I know nice noses will snuffel at this Oyl as a thing most detestable; I do in this as in other things, admire the depth of the Wisdom and Goodness of God, who puts honor upon those things men most despise; but I being all my life put hard to it for preservation of my health, have laid phantastical humors aside, and seriously searched into the blessing of God hid and covered even in despised things, and truly I cannot say I have laboured in vain; and indeed the benefit of this one, as to health, makes amends for an hundred abortives, or errors.

Take therefore (in the Name of God) what quantity of Tar thou pleasest, and put it into a retort wel luted, and take like quantity of Bay-salt put it into a new earthen Vessel, make a good fire of Charcole about it, which is called a Wheel-fire of cementation; & let thy salt stand meanly red til it wilcrack no more, & that is called Decrepitating; beat this Salt to powder while it is warm, in a stone Mortar, and then with a wide Funel pour it upon thy Tar which thou put into the Retort, let all together fill thy Retort two thirds; set the Retort in the palm of thy hand, and mix them wel by shaking of them together, place this Retort upon the iron bar eight inches above

bove thy Grate, in a dish of sifted ashes, as is
 taught in the drawing of the Oyl of Amber,
 proceed with it in all points as with the Oyl
 of Amber, onely at the last give violent fire
 for twelve hours, thou shalt receive three sub-
 stances, viz. in the bottom of thy glass thou
 shalt receive a white Balsom, which is of un-
 known worth & vertue; as to my self I speak
 the least heat dissolves it; but I never made
 any experiment with it, but gave it to a friend
 which used to handle hard tools, and he had
 a Corn for divers years in one of the Joynts
 of his finger, which was a daily grief and pain
 unto him; he annointed it with this Balsom,
 and it did swel and rise, he took a sharp knife
 and did cut off what did rise up, and then did
 annoint again; it made it to rise again, he cut
 it again, and then did annoint again, and it
 did swel and rise again; this labour he conti-
 nued til the Corn came perfectly out, and so
 remains unto this day, which is now at least
 these seven years: I know no wise man that
 considers what I have said, but wil grant that
 which hath power thus to work, can also go
 further, when a wise man hath it in his hand.
 Above this Balsom thou wilt receive a sowre
 Flegm, I do not know any thing it is good
 for; and above that thou wilt receive a deep
 red Oyl which separate from this Balsom and
 Flegm, and that rectified once in ashes, and a
 second

Second time in *Balneo Mariae*: Thus far I went
 with it, and no further for my own use, and
 I found it precious above Gold. There came
 a fat man to me once that was troubled with
 strange fits, and would beat himself, and foam
 at mouth; and when any thing did overcharge
 his spirits, he would fall into those fits: I gave
 him some of this Spirit of Pine, and willed
 him to drink four, five, or eight drops, and
 more, as he found it work, and that he could
 bear it; in a Weeks time, or a little more, he
 sent me word he was cured; I willed him to
 proceed for some time however, and one mor-
 ning after he had drank this Oyl, going a-
 mong his neighbours, they smelt a strong
 smel, at last they said it was like Tar; he fan-
 cied I had given him somewhat made of Tar,
 chusing rather to have his fits stil, rather then
 take any thing of Tar: I think it is very fit
 this man should keep his fits stil, onely I am a-
 fraid he hath some fits more then doth him
 good: The abundant mercy from heaven is
 manifest in the freedom of Nature to all men,
 which offers her treasures free without price;
 and God gives Wisdom to men to find it out,
 and happy is that man whose heart is set open
 and free to do good, imitating God and Na-
 ture in their bounteous gifts; and as palpable
 is that mans folly who deprives himself of
 those blessings freely offered unto him; and
 thrice

thrice more wretched is that man who with-holds those mercies from mankind unto whom the highest hath freely granted them : For what have I or another that we have not received? And wherefore have we received, but to fulfil the ends of the giver? Miserable is that man that wants that witness in Heaven, and in his own Conscience; the blessing that I have received in the taking of my Pill, and in the giving it to others, hath hindred me from making thorough proof of this Oyl and Balsom; I have given thee a plain Receipt, and leave thee to Almighty God in the use of it; *I* know no more, but to drink it in the morning two hours before meat, it breaks wind upward all day, and causeth appetite, digesteth meat; and where these are, there wil not want strength; so I write, because so *I* have found by good experience. Note, drop it upon a spoonful of Ale or Beer, and handsomely throw it down that thou touch it not, nor let the spoon touch it, so wil you smel of it either not at all, or very little; and the like for Oyl of Amber; but when you belch you wil taste it, hardly else: I know the scornful wil not touch it; but the pained wil be glad to use those things that doth them ease.

Now

Now I will plainly give thee a plain receipt which hath been kept up as a great treasure; and so indeed it is, as I think no man of any judgment but wil so judge it: I cannot speak of my own knowledg much of it; but my good friend from whom I have it, hath been for many years relieved by it, when other means have failed him; and he being satisfied with my pressing desires to do good, freely gave it me to that end, and I freely give it you; it wil speak for it self; it is of very inconsiderable preparation, and yet of great effect; and thou maist prepare as much in few hours, as will contain one thousand doses. I know there are many good Gentlemen and Gentlewomen vvhich desire to do good unto their poor neighbours; I entreat them to attend to this; I have done it; it is so easily done, as it deserves not the name of a Chymical preparation: I also have known it safe and profitable, and vvorketh so sweetly, as indeed it is a Medicine to be desired.

To prepare Antimony.

103

Take one part of Antimony, and six parts of the best India Salt-peeter, pound them together, and serce them through a hair-sieve; take a strong crufible three square, and

M

let

let it stand clew in a strong fire of Charcole, (have a spoon tyed unto a stick) put in spoonful, and it will burn; put in more and more as it burneth, til the crucible is full; take a clean Tobacco-Pipe, with the little end stop it well, let it boil, and stir that til you are sure it will sparkle no more; have a bras or iron Morter (clean) stand by you, and with your Tongs take up your Crucible, and empty it into the Morter, let it again in the fire, and go on as at first, until you have done all that you intend to do for that time; have a care to keep strong fire, it should be upon a Grate that it may be strong; bring this unto fine powder, and sear it through a Lawn Sieve, and it is prepared for your use. Note, that if it do not fire as you do expect, touch it with a live coal, and set it on fire.

Antimony thus prepared, is depurated of all its fecis and poisonous qualities, loosing utterly its malign heat; it purgeth copiously without trouble and molestation, all gross, cold, and Tartarous humors, and openeth all stopp'd passages.

To prepare Scamony.

Take of the best Scamony what quantity you please, and beat it to powder, and sear it, have ready a Tobacco-drier, and put upon it

It a spongy thin brown paper, take your Em-
bets, and strow in Brimstone into the fire,
hold over the Scamony, so that the fumes of
the Brimstone may take through the paper;
and when you perceive that it sticks unto the
paper but as thick as a half crown or shilling,
cast off the rest upon a clean paper, and with
a spoon scrape off what sticks upon the paper,
for it is prepared; then put on again the pow-
der of Scamony, and cast into your fire more
powder of Brimstone, til you perceive that
some doth stick unto your paper; then cast off
the loose powder, and scrape off with a spoon
as formerly; and this Work you must repeat
until all your Scamony have been scraped off
in like manner, then is it all prepared; but
you must be sure to take it off as soon as you
can, lest your Scamony quite loose all its ver-
me, as it will if you fume it too much with
the Brimstone.

Scamony thus prepared, is good against
choler and all thin hot humours, having in it
neither savour nor smell, and purgeth very
easily, and without pain, which is contrary
unto all other preparations.

The preparation of the Cream of Tartar is ordinary, or the Crystals of Tartar to be had at any Druggist, used in this portion.

105 Note, that all these three are to be kept close in fine powder, severally in Glass Bottles.

The greatest dose for men; Antimony ten grains, Scamony fourteen grains, Tartar eight grains.

The ordinary dose for men; Antimony nine or ten grains, Scamony eleven or twelve grains, Tartar six grains.

The lesser dose for men; Antimony six grains, Scamony nine grains, Tartar five grains.

For children betwixt seven and fourteen, Antimony seven or eight grains, Scamony five or six grains, Tartar three grains.

For sucking children, and under seven; Antimony two or three grains, Scamony four or five grains, Tartar three grains.

106 To children give it with Sugar or some sweet liquor, but to others as you please; if the Ague or Disease cease not at the first time, give it again four or five times, ever diminishing the quantity, because the humors being once stirred, they are the easier carried out; or if this portion do little the first day, then

then adde more with discretion.

This Powder you may use in all diseases where humors do offend, either simple or compound, hot or cold, thin or gross, clammy or windy, worms or extention above nature; it helpeth the stopping of the Flowers, the extention of the belly, the Drop sic in the beginning, Ternions, Quartans, and all sharp Fevers, Cholera, ill appetite, watching, thirst, inquietness of mind; it helpeth the small-Pox and Pleurisie; it is not to be given where is great evacuation but expletion and fullness, it is much better then letting of blood.

Mr. Vaghan of Smarden in Kent, cured with this Powder, of a Chollick, which nothing else did help.

As for this portion of Physick rightly prepared and applied, I do believe considering of the inconsiderableness of the preparation, the world never had any better; and I trust in God I have done good service unto my Countrey in bringing it to light; but if any be envious and is disposed to cavil at it, all that I desire of him is, that he would let it alone.

The true Preparation of Crocus Martis.

Take the Filings of Steel, what quantity you please, which you may buy of the

Druggist; and put it in a broad earthen
 well glazed dish, and sprinkle it twice a
 day with strong Vinegar; set it in the hot
 Sun, or cover it with another dish, and let
 it stand upon Embers the night time; do
 this for one month, now and then stir it up,
 and again give it Vinegar till thou perceive
 it is all become rusty; dry it well, and beat
 it to fine powder, then take a large glass
 body, and put it into it, and pour upon it
 distilled Vinegar (which must needs be so,
 otherwise thou wilt be as much troubled
 with the fecis of the Vinegar, as thou wilt
 be with the damn'd *Tetta* of the *Croco*)
 let it be covered with a blinde head (but
 first stir it well) set it in a Furnace of ashes,
 or in *Balneo Maria* for four or five days, look
 that the Vinegar be deeply coloured red,
 if not, shake it well together, and let it
 stand in the fire till it is; then cast off the
 cleat into a clea vessel, and put on more
 Vinegar, and this repeat till thou seest that
 it will ting no more; take all thy Vinegar,
 and filter it thorough a double Cap paper
 it will thorough by reason of the sharp
 penetration of the Vinegar) then in a clea
 glass vessel vapor all the Vinegar away, or
 with a head and receiver draw off thy Vi-
 negar, and in the bottom thou wilt receive
 a fair red *Croco*; but if thou wilt take the
 Drug

pains

pains to repeat this Labor again, that is, to dissolve it in fresh Vinegar after thou hast taken it out, & put it in a clean new earthen vessel, and let it be gently calcined for four or five days, and again dissolved, filtered, coagulated, thou wilt have a Medicine of more worth then Gold; God be merciful to men and women, which instead of this have only the rust of Iron put into their bellies: This Medicine is vast in its effects, but most ominous in all kind of Fluxes, let it content thee for this time I have given thee a true Recipe.

To prepare the Sugar of Saturn.

Take what quantity of Lead thou wilt, and in an Iron Kettle melt it, and with a Ladle of Iron stir it, this continue till all the Lead be turned into an Ash-coloured powder: If thou wilt (as I have done) add Bay-salt, and continue it over a strong fire till thou perceive it begins to attain a red colour; let it cool, put it into a clean vessel not greasie, and wash out all the Salt-casse well, and be sure thou take all the Salt-casse away, as by thy tasting the last water thou maist perceive; then dry it well in a clean vessel, then grind it well upon a Purfry with distilled Vineger fit for to be used with

a Pencil, put it into a clean Glass, cover it
 six fingers with distilled Vinegar, put on a
 blind head, and let it stand in ashes, or *Balnes*
Maria, three or four days; let all cool; thy
 Vinegar wil be as sweet as Sugar to thy taste;
 rant off the clear, put on more distilled Vi-
 negar, proceed as before, till it wil yeild to
 thee no more sweetness; Filter all (as before)
 of thy Crocus, vapor away til thou see a scum
 arise up on the top, let all cool; set it in a cool
 place or Cellar, and it wil shoot into most
 transparent Crystals, which is called the Su-
 gar of Saturn. Note, if it do not shoot into
 Crystals, thou hast not vapor'd it enough a-
 way: When thou hast rook out those Cry-
 stals, vapor the rest, and it wil shoot Crystals
 afresh; but if thou wilt take these Crystals,
 and calcine them again, and then dissolve, fil-
 ter, congeal, as is said above, it wil yet excel;
 I have done it five or six times over: I can-
 not tell thee what this is good for; I know it is
 a great astringer: It is no part of my endea-
 vour to make my self wiser then I am; let it
 suffice thee for this time that I have given
 thee a true Recipe, for I dare not write be-
 yond the labour of my hand; if thou canst
 believe me, there is no deceit in what I com-
 mit unto thee: Thou maist (as I have done
 also) vvork this out of red Lead; but it did
 like me better to vvork it out of Lead it self.

I vvil

I will now give thee a true and plain Re-
 ceit of one of the most potent, & rarest
 Medicines that I think is attainable in the
 World.

The true preparation of the Essence of Venus, 109
 commonly called *Ens Veneris*.

Take from the Dunghil at the Refiners, his
 dead head, commonly called, *Caput mortuum*,
 that which is left of his *Aqua fortis*, the black-
 er it is, the better it is, for that is most burnt;
 put it into clean water, and it will dissolve;
 stir it, let it fine, cant off that water, put on
 fresh water; this repeat till you by taste find
 no more sharpness in it; keep that water to-
 gether; dry wel the red earth, take of this red
 earth what quantity thou wilt, of Salt Armo-
 niack equal parts, grind them wel together,
 put them into a sublimatory of good glass,
 [Note, it may be done in earth] set it in
 sharp sand, begin with gentle fire, leave the
 hole open at the top onely, stop it with Cot-
 ton Wool, that the wily spirits of the Armo-
 niack may go, else thou wouldst break the
 Vessel: After twelve hours moderate fire,
 stop close the hole above; encrease fire, thou
 must with thy hand on the Vessel know well
 whether thou give fire orderly. Note, that
 after twenty four hours, or thirty hours, thou
 canst

canst not hurt it with fire: let all cool, and
 with an Hares foot cleanse off thy sublimate-
 on, which will be almost on the colour of
 Gold: Take that which is sublimed, and
 weigh its weight of fresh *Ess* vvel ground
 together, and sublime it again; and this
 Work thou must repeat four times alway
 upon fresh *Ess*, before thy Work be perfect:
 If thou dealest honestly with this preparati-
 on (which thou maist do in ten or twelue
 days) there needeth little other Physick; three
 or four grains drinke in White-Wine, or in a-
 ny proper Vehicle, alway ballancing a pro-
 portion by the strength and weakness of the
 Patient: This is a true Receipt, as I have done
 it, let it speak for it self: But I did not
 pass all the sublimation at once, having no
 present occasion for it; I have seen this so
 glorious, as to my thinking it hath exceeded
 gold: God Almighty prosper that man that
 strives to excel in well-doing. Now take all
 thy water and filter it very clean, and vapor
 it away, and thou wilt receive a considerable
 quantity of fixed Salt, white and good, put it
 into a strong Crucible, and calcine it in a Re-
 verberatory for six hours, have care that
 thy heat do not make it flow, but let it be
 meanly red hot; then dissolve it in distilled
 rain-water, filter it, vapor away the water;
 it is abundantly finer then it was at first.

Note,

Note, thy water must be twice distilled, which is best done in quantity in a Copper Still, with a Serpentine Refrigeratory. In this work let dirt sooner fall into thy eye, then into thy work; then calcine again a third time, and proceed as above, thou hast a Medicine of great force; but if thou wilt repeat this work till thy Salt will yield thee no more Fecis, I dare not tell thee what I think it will do: I know thou art hasty with me, and demands what this fixed Salt is good for; and my answer is as ready, (go look) I cannot tell: but if thou wilt know what a fixed Medicine is good for, look amongst the Cronical of fixed Diseases which the Gallenist counts incurable: thou canst not knock down an Ox with a small Mallet, the remedy must over-balance the disease. Note, after this order you may almost gain the Salt of any thing, I therefore have writ this.

Undoubtedly no greater pleasure can be had on Earth in earthly things, then to be busily employed in the curious pursuing of these things: I do therefore account myself most happy, whose good hap it is, next to the true fear, love, and serving of God, to be swallowed up in the daily pursuance hereof. Above all things see that thou addict thy self to be neat and cleanly in thy work; if thou knowest any thing in Alchymie, thou must know

know that with patience thou must work to
 take a few grains of the excremental parts, out
 of an ounce of the substantial parts, and it
 may be work long, and throw all away and
 begin again, and this without change or re-
 luctance of mind, being fully resolved to work
 ever, if thou ever meanest to speed; its profi-
 tably miscarried, if thou thereby art humbled,
 else thou wilt not be taught; God resist the
 proud, but gives grace, and teacheth the hum-
 ble: Therefore give time with patience, for
 that is of God, but haste and impatience is of
 the Devil; the greatest mastery is the wel go-
 vernance of the Regiment of fire, be sure that
 thou hast *Vulcan* wel yoked in his own fetters;
 and see wel, hat his bellows be not too big;
 Onely study to make *Volatil* that which is
 fixt, and fix that which is *Volatil*, and all this
 after due cleansing; if thou canst so deal
 with this Salt, thou wilt find bread; thou wilt
 never want matter, if thou hast this power;
 he onely is happy whom God teacheth; his
 true fear is the beginning of Wisdom; them
 he teacheth the way they shall go; be not cu-
 rious beyond Nature; I my self for some
 years past have much exceeded, following the
 Chimæra's of my own head: Soar not to
 things too high and beyond thee; Remem-
 ber the saying of one of the chief Pillars in
 Physick, *Art is long, life is short; know God is in*
heaven,

heaven, and thou on earth; thou canst not fathom his depths in the least natural thing, how canst thou then comprehend him who fills all things? Be not offended because I am bold with thee, 'tis because I love thee; I cannot but improve the Talent bestowed, and so I shall leave it with thee: If thou counts me a fool, I care not for it, I know it well, I am contented; if I add a tittle to thee, it is that which I desire; no man's goodness can add any thing to God, he already is perfect therein, perfect harmony, perfect silence and rest for ever in himself, to whom nothing can be added: But our goodness may be extended unto the men on the earth; to them that excel in virtue, I strive thereafter, as I receive help; some of these Receipts cannot be wrought by unpractised hands; I can but give as I have received, good will excites and moves this offer; let it work likewise in thee to accept; in what I have done weakly, be thou more ready to mend, then find fault: If I have deserved rebuke, I will accept it from thee in any language, with thanks.

I will now deliver thee (in as plain words as I can) a most stately Receipt, which I have wrought and given many scores of times with great success.

*The true preparation of the Salt of Mars, Salt
of Steel, so called.*

Take what quantity of Oyl of Vitriol
thou pleasest, and put it in an open Glasse, or
in a well glazed vessel, set it upon a stool in a
Chimney, put into it for each pound of Oyl,
one ounce of Salt Jem, or Stone Salt, beaten to
fine powder, take the filings of Steel, and with
a spoon sprinkle upon the Oyl, and it wil
foam, boil and fret, have a care thou be not too
hasty, for then wil it boil over; continue this
shaking in of the powder of Steel so long,
that thou perceive it to be all dry and hard,
and wil foam and fret no more; then set it in
a sand Furnace, and dry it very well, that it be
hard, and like a stone almost for hardness:
Bring this to fine powder, have a good quan-
tity of water warm, and sprinkle this powder
thereon, and keep it stirring with a stick, o-
therwise it wil knit to a stone in the bottom:
Filter this water, put on more, repeat this
putting on of water til it be no more sharp;
let all be clean filtered, and vapor away the
half, or above, and it wil shoot into transpa-
rent green Chrystals, very fair Vitriol, vapor
yet again, and it wil shoot again; if thou hast
vaped enough of it away, take all the Cry-
stals or Vitriol, and lay it abroad on a well-
glazed dish, and set it in a Stove, or in in the
Sun,

San, in his strength, and it wil break into White Powder, then put it into a cleane distilled Water, and it wil dissolve, filter it again, coagulate it into Chrystals. it wil shoot into far more fairer Vitriol then the first; this ought to be repeated so oft, til it wil set no more fecis, but at this twice it (will be in a very honourable condition and so far I have gone; dry it wel, it wil be a white yellow powder; and keep it close stopt in a glass for thy use: Of this powder ten or twelve grains in the morning, and so for a Week together, 'tis profitable to bring the Flowers; if drunk in good White-wine, and stirring upon it, it sometimes causeth vomiting, sometimes purging, and sometimes neither; it easeth the breast of stopping, helps Rickets, and killeth Worms: Give to children three or four grains according to their strength, it is a choice Medicine, as I have proved.

If thou would draw the Oyl of Vitriol thy self, take good Copperas, and in a very new earthen pan boyl it dry; beat it to powder, put it in long necks, lute fast and draw it with judgment, as much as the Oyl of Amber is; some calcine it red first, as I have done my self, but for this work it need not so be done.

A true Receipt of the Powder of Sympathy, or the Sympathetical Powder, made of Roman Vitriol, lately commended by Sir Kenelm Digby, but no plain Receipt given which I here perform and freely give thee, knowing that there is none better.

Take what quantity of Roman Vitriol thou wilt, dissolve it in rain water, but put no more water then wil dissolve it, always leaving some undissolved in the bottom, filter it as clean as possible (let thy water be milk-warm in thy dissolution) put it in a clean glasse-body set in sifted ashes, and give it gentle heat, so that it never exceed the heat of thy belly; and in that heat let it vapor away, til thou see it covered with a *Catcula*, or thin scum or cream, then withdraw thy fire, let it stand unmolested for three days, covering it wel that nothing fall into it, then with a glasse spoon, or wooden spoon, take out the coagulated Vitriol, which is shot into fair green Chrystals; then kindle thy fire again, and with like degree continue til it be covered with a scum, withdraw thy fire again, let it stand other three days, take up again with a wooden spoon the coagulation: This you must repeat until thou hast the substance of thy Vitriol again, but freed from much of its filth

filch; take all thy Vitriol which thou hast gathered, spread it on a glass or well glazed dish in the heat of the Sun, or in defect thereof a clean stone of equal heat with the sun, and take heed thou dost not exceed, for then wilt thou lose its vital parts, which are quickly volatil and subtil, neither wilt thou attain any more greenness on thy Vitriol, which when thou perceivest, begin again, all is lost, understand thy degrees of fire better; but if you give it its due heat, then wil it break into a White-Powder, and the greenness which is its life, will obscure and hide it self; then take in again, and in rain water distilled twice, dissolve it as at first. Now mark, I bring thee again to thy beginning, and there I leave thee, for this Work thou should repeat so oft, and so long, til it set no more facis to thee; but conclude when thou wilt, thou seest what Sir Kenelm Digby doth write, viz. *The Antients did use this Vitriol in its gross body heat to powder.* I have here given thee so true a way as I know none better; for in this thou bringst it beyond what is fit to be written, and doth hold, preserve, and keep all its power both spiritual, sympathetical, fixt, and Volatil.

If thou hast ears, I have said much; what is wanting unto thee, consult with Van Helmont, Aswall Groby, Mr. Bonitan, and Sir Kenelm Digby.

114 Being moved fully with good will, I will here give thee one Recipe more, the like (I confidently affirm) never saw the light, for the good of mankind; and whosoever will be perswaded upon my faith and credit alwayes to have it truly and faithfully prepared, may with much confidence cease from all other things in the World, and quietly commit themselves and relations into the hands of Almighty God, in the use of this with quietness and rest; and I speak boldly, if this prove short, to correct thy Fever; and heal thy Disease, and hath not power to purge thy blood, and throw all out that is noxious unto thy vital spirit; let thy ails be what they wil, look not for it to be done in this World: I pity thy fugitive mind, and pray for thee, when I see thee hunt from one man to another, and from one Medicine unto another, which is indeed the harbinger of death; but if thou art admonished from thy vain worshipping of men, to fall off, and with a quiet mind pray and use this, and therein rest, waiting upon God, I am fully possess'd, and perswaded in my conscience it is sufficient for thee: And if thou (as blind as *Bayard*) cry out of the strong poison of the subjects, viz. *Poppey* and black *Mellebor*; Thou snarling fool, cease, and first learn the power of Salt of Tamar, and do not bewray thy folly and ignorance

ignorance till thou hast proved its power, lest thou give just occasion of perpetual laughter unto those whom experience hath taught and informed; I do confess I can exempt no Medicine in the world but my Pill and Antidote, whose receipts I may not at present here give thee; and this I protest unto thee, that if thou hast made a right use of this that I have here in full and plain words taught, I should have smal hope with any thing that I am made Master of, to help and cure where this cannot: and therefore as thou hast respect unto thy life, consider what I now teach thee; I say I teach thee under God, for I have not had the least light or guide from any breathing, or from any book, but God Almighty my Lord and good Master hath been my guide, and therefore I with joy do ascribe unto him all praise and thanksgiving for ever.

Rec. Take one pound of the best White Rhenish Tartar, and one pound of India Salt-peeter, bring them to powder in a stone Mortar, and serce them through a Hair Sieve, take a Pipkin that was never used, and set it upon Charcole, let the bottom heat as the coals do kindle, put in a Spoonful of this powder, if the bottom be red hot it will burn, put in one Spoonful after another till all be burned, it is then for this

work prepared, and if thou hast wrought well, thou wilt have of a white Salt (but yellowish) seventeen ounces again of thy two pounds. Take half a bulhel of White lime, put it into a clean tubb, and put on it fair water, that the water may cover it four inches, let it stand all night, take two gallens of this water and put in it thy salt, and it is prepared for thy work; then take one pound weight of Poppy-leaves, good & red, newly gathered as near as thou canst, stamp them and put them into thy prepared water, take also one pound of Juniper berries, and do likewise; also take one pound of black Hellebor (which thou maist buy of the Druggist for a smal matter) beat it grossly, and put it into the rest; stirr all very well, let them simmer upon a fire twenty four hours in a glass body, or in a Tin Vessel or Pewter, but let it be close covered, then drive all through a Hipocris bag, and it's prepared for thy use; drink of this three or four spoonful in White-wine and Sugar, but give more or less as the patient is strong or weak; to weak children. half a spoonful or a spoonful with Wine or Sugar. Note, thou maist do what thou wilt with this, if thou knowest how to apply it for thy health; I desire thee whatever thou art to praise God for this, the like I believe

is not made manifest for the preserving of thy health against all diseases, infections, Fevers, Surfers, this will not fail thee of relief, let thy pains be what they will, nor of cure if God permit: if thou hast patience and will give it time, I have from my conscience spoke my belief grounded upon reason and experience, and freely give it thee, beseeching God to bless it to thee and enlarge thy heart as mine is enlarged; that is, that thou maist do for thy neighbor as I now do for thee, presenting nothing in this or any thing about it but the labor of my hand, and what I daily put into my own belly; and let me further tell thee, I had much wrestling with my self as in the presence of God, before I could prevail upon the gain-saying that was in me, to draw so nigh thee for thy unvaluable benefit; for if thou considerest, the things are easily attained, every ditch offering thee some of them, and the preparation so trivial, that there is as much art to make a mess of porrage: in this above all other I have deserved well at thy hand, if thou hast a heart to improve it; neither do I doubt, although many will be angry and snatter at it, but this entrance which I have given in this Receipt will stand while the world endures and get strength, and my memory held in honor for so good service in it. This
book

book hath swelled beyond my intention, yet I am constrained to give the one Receipt or two more in few words, and so I for this time shall rest, praising God who hath helped me before I go out of this world to perform some real service for the good of mankind in general.

116 *To make the Drink that is now much used, called*
COFFEE.

The Coffee-berries are to be bought at any Druggist, about three shillings the pound; take what quantity you please, and over a Charcole fire in an old pudding pan, or frying-pan, keep them always stirring until they be quite black, and when you crack one with your teeth, that it is as black within, as it is without; yet if you exceed, then do you waste the Oyl, which only makes the drink; and if less, then will it not deliver his Oyl which must make the drink; and if you should continue fire till it be white, it will then make no Coffe, but only give you is Sakt: The Berry prepared as above, beaten, and serced through a Lawn Sieve, is then fit for use.

Take clean water, and boil one third of it away, what quantity soever it be, and it is fit for use.

Take one quart of this prepared Water, put in it one ounce of your prepared Coffee, and boil it gently one quarter of an hour

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hour, and it is fit for your use; drink one quarter of a pint as hot as you can sip it. Note, that instead of Coffee, take English Wheat, and thou wilt find it in all points as good and as profitable for thee, as I have wrought and proved it, and speak it from knowledge; and I do from my heart bear witness to this drink as the best and safest for the health of mans body: And further, I do know that it doth abate the fury or sharpness of the Acrimony, which is the gender of those Diseases called Cronical: And although it doth want fermentation, yet hath it the true strength of the grain, if it be wel prepared, and doth in no wise fume to intoxication, for that it is unfermented; and undoubtedly those which love health, wil love this drink; and is an absolute enemy unto Natures enemies. I had thought to have spoken much, and from good grounds, of the worth and benefit of this drink; but being already enlarged beyond intention, I am constrained to leave it for this time.

I have wrote many things which wil have an ungrateful taste, yet of mighty force for thy health: I cannot conclude this Book, but I must give thee one Receipt more; which wil be acceptable unto thy foolish fancy, that in truth thy appetite never called a more stately thing, or higher Cordial

or

the health, and yet cheap, and of very easie
and vulgar preparation, as followeth.

117 Take twelve pound of black Cherries that are full grown,
and sweet, break all their stones in a Morter, put them in a
Lynbeck, or in a small common Stillers Still, put to them
one gallon of fair Spring water: distill off again one gal-
lon, or one gallon within a pint, this water doth for
except that which is commonly sold for black-Cherry-wa-
ter: Take all out, and run it through a pulping Sieve, and
wash with cleane water the still, or the Limbeck, and what
run through both flow of it self, keepe to make thy Syrrup of,
the rest dries through the sieve by force, that nothing be left
but skin and stones, and that keepe by it self: for thy Syrrup,
take the first that is thin, and run through the sieve of it self,
put unto it for each pint, two pounds of sweet scented Lis-
bon Sugar, and put into it one quart of Rose-water, and
one quart of Spemint-water, boile all at least eight hours.
Note, that if from first to last the matter be not boiled twelve
or fourteen hours, it will not answer thy intention; but if
thou wilt feed it with fire twenty hours, thou therewith may
do wonders. I have so wrought it, and baked it over and
over several times. And thou wilt know, that a Black-
Cherry is a substance unknown, and cannot by fire be made
dry, but as soon as it is cold, it will draw to it self a moist
air, and will relent, do what thou canst, yet I have so fired
him, or fed him with fire, that I could not touch it with my
teeth, such hath been its mighty force, and for obstructions,
all have flown before it; and when I would, taking but a
little more then ordinary, it would loose my belly, and give a
stool or two; but if thou wilt make a Syrrup of it without
this extreme firing, it will not then be worth an half penny,
but will be only toothsome, as other ordinary Syrrups are. I
leave thee so judge of it as thou wilt, I know for my self,
many years ago it was precious in its effects unto me, and
from that experience I had of it, I now moved with good
will commend it unto thee.

FINIS.

